

Seasons

**Count:** 40**Wall:** 2**Level:** Intermediate**Choreographer:** Shane McKeever (N.IRE) - August 2025**Music:** Seasons - Amistat**Intro: 8 Counts, 8 secs approx.. on the lyrics****Notes: Restart on Wall 1 after 36 counts, Restart on Wall 6 after 32 counts**

[1 – 8] Side Lunge, ¼ Turn with a Botafogo, Cross, Side, Behind with Hitch 1/8 Turn, Back Rock, Recover, Run x2

- 1-2&3 Lunge RF to R side (1), Cross LF over RF making 1/8 turn L (2), Making another 1/8 turn L rock RF to R side (&), Recover on to LF (3) 9:00
- 4&5 Cross RF over LF (4), Step LF to L side (&), Cross RF behind LF hitching L knee in a ronde motion from front to back turning 1/8 turn L (5) 7:30
- 6-7 Rock LF back (6), Recover on to RF (7) 7:30
- 8& Step LF fwd (8), Step RF fwd (&) 7:30

[9 – 16] Press, Back Sweep x2, Behind, Side, Cross, Full Unwind, Side Step, Run x2 with ¼ Turn

- 1-2-3 Press LF fwd (1), Recover on to RF sweeping LF from front to back (2), Step LF back sweeping RF from front to back (3) 7.30
- 4&5 Cross RF behind LF (4), Making 1/8 turn L Step LF to L side (&), Cross RF over LF (5) 6:00
- 6-7 Unwind full turn L (6), Step LF to L side swaying body L 6:00
- 8& Step RF fwd to R diagonal (8), Finish ¼ turn stepping LF fwd 9:00

[17 – 24] Serpiente, Cross, ¼ Turn x2, Cross, ¼ Turn

- 1-2&3 Step RF fwd sweeping LF from back to front (1), Cross LF over RF (2), Step RF to R side (&), Cross LF behind RF sweeping RF from front to back (3) 9:00
- 4&5 Cross RF behind LF (4), Step LF to L side (&), Cross RF over LF (5) 9:00
- 6-7 ¼ turn R stepping LF back (6), ¼ turn R stepping RF to R side (7) 3:00
- 8& Cross LF over RF (8), ¼ turn L stepping RF back (&) 12:00

[25 – 32] Groovy Walks Back, Behind, Side, Cross, Scissor Step, ¼ Turn, ½ Turn

- 1&2&3 Step LF back on L diagonal opening R toe to R diagonal (1), Touch RF next to LF squaring up to 12:00 (&), Step RF back on R diagonal opening L toe to L diagonal (2), Touch LF next to RF squaring up to 12:00 (&), Step LF back on L diagonal opening R toe to R diagonal (3) 12:00
- 4&5 Cross RF behind LF (4), Step LF to L side (&), Cross RF over LF (5) 9:00
- 6&7 Step LF to L side (6), Step RF next to LF (&), Step LF fwd to R diagonal (7) 12:00
- 8& ¼ turn L stepping RF back (8), ½ turn L stepping LF fwd (&) 3:00

Note: Restart here on Wall 6 with step change: Drag RF in towards LF squaring up to 6:00

[33 – 40] Rock Forward, Recover, Together, Rock Forward, Recover, Step Forward, Step Pivot ½ Turn, ½ Turn, ¼ Turn R to Start Again

- 1-2& Rock RF fwd (1), Recover on to LF (2), Close RF next to LF (&) 3:00
- 3-4& Rock LF fwd (1), Recover on to RF (2), Close LF next to RF (&) 3:00

Note: Restart here on Wall 1 with step change: Step LF fwd (3), Touch RF next to LF (4), Make ¼ turn R to start again at 6:00

5-6 Step RF fwd (5), Step LF fwd (6) 3:00
7-8 Making $\frac{1}{2}$ turn R transferring weight to RF (7), Making $\frac{1}{2}$ turn R step LF back (8)
Make $\frac{1}{4}$ turn R to start again 6:00
