

# 'Black and White'

Choreographer Dee Musk (UK) August 2016.

48 Count 2 Wall - Advanced Nightclub 2-Step – Three Restarts.

Music:- 'Black and White' by 'The Shires' – Album – Brave (Deluxe).

**8 Count Intro – Start on the word 'Two' as she sings 'You were given' - Approx 6 seconds**

**Track Approx 3 mins 41 secs. BPM 78 (Approx).**

**Track available from iTunes.co.uk [deemusk@btinternet.com](mailto:deemusk@btinternet.com) Dee – 07814 295470**

## **Step Full Turn Right, Rock Recover, Back Touch, ¼ Twist Right, ¼ Twist Left Sweep, Cross Side.**

- 1,2& Step forward on R, make a full turn R stepping back on L, stepping forward on R.  
3,4 Rock forward on L, recover weight to R.  
&5,6 Step back on L, touch R toe back, on balls of both feet twist a ¼ turn R.  
7 On balls of both feet twist ¼ turn sweeping R to in front of L.  
8& Cross R over L, step L to L side. (12 o'clock).

## **Back Rock, ¼ Turn Left, Back Rock, Full Turn Right, Sweep, Cross Tap Sweep, Behind Side.**

- 1,2& Rock R behind L, recover weight to L, make a ¼ turn L stepping back on R.  
3,4 Rock back on L, recover weight to R.  
&5 Make a ½ turn R stepping back on L, make a ½ turn R stepping forward on R sweeping L to in front of R.  
6&7 Cross L over R, tap R toe behind L, replace weight to R and sweep L to behind R.  
8& Cross L behind R, step R to R side. (9 o'clock).

## **Cross Sweep, Cross, ¼ Turn Right, ¼ Turn Right, Cross, Sway, Sway, Side Drag, Ball Cross.**

- 1,2 Cross L over R whilst sweeping R from behind to in front of L, cross R over L.  
3,4& Make a ¼ turn R stepping back on L, make a ¼ turn R stepping R to R side, cross L over R.  
5,6 Step R to R side swaying R, sway L.  
7,8& Step R to R side dragging L to beside R, step L beside R, cross R over L. (3 o'clock).

## **¼ Turn R, Back Rock, Step ¾ Turn L, Behind ¼ Turn R, Step Pivot, Step.**

- 1-3 Make a ¼ turn R stepping back on L, rock back on R, recover weight to L.  
4&5 Step forward on R, make a ¾ turn L, step R to R side.  
6& Cross step L behind R, make a ¼ turn R stepping forward on R (12 o'clock).  
7,8& Step forward on L, make a ½ turn R, step forward on L. (6 o'clock).  
**\*\*Restart here during wall 5 – Begin again facing 6 o'clock wall\*\*.**

## **Step Sweep, Cross, ¼ Turn L, Cross, ½ Turn R, Cross, ¾ Turn L, Step Pivot L.**

- 1,2&3 Step forward on R whilst sweeping L to in front of R, cross L over R, make a ¼ turn L stepping back on R, step L to L side.  
4&5 Cross R over L, make a ¼ turn R stepping back on L, make a ¼ turn R stepping L to L side.  
6&7 Cross L over R, make a ¼ turn L stepping back on R, make a ½ turn L stepping forward on L.  
8& Step forward on R, make a ½ turn L (weight forward on L). (6 o'clock).  
**\*\*Restart from here during wall 2 – Begin again facing 12 o'clock wall\*\*.**  
**\*\*Restart from here during wall 4 – Begin again facing 12 o'clock wall\*\*.**

## **½ Turn L Sweep, Behind, Side, Cross Rock Recover, Side, Step Full Spiral Turn Left, Step, Step ½ Turn Left.**

- 1 Make a ½ turn L stepping back on R whilst sweeping L to behind R.  
2& Cross step L behind R, step R to R side.  
3,4& Cross rock L over R, recover weight to R, step L to L side.  
5,6 Step forward on R, make a full spiral turn L ending with L hooked in front of R.  
7 Step forward on L.  
8& Step forward on R, make a ½ turn L (weight ending on L). (6 o'clock).