Taking Me Back

Count: 32   **Wall:** 4   **Level:** Intermediate

Choreographer: Gary O'Reilly (Ire) (January 2018)

Music: "These Days" by Rudimental feat. Jess Glynne, Macklemore & Dan Caplen

#15 count intro starting on count 16

Section 1: L Kick Ball Step, Pivot ½ L, ½ L, ¼ Rock & Cross, 1/8 L Sit R, Recover L

8 & 1	Low kick L forward (8), step ball of L next to R (&) step forward on R (1)
2 3	Pivot ½ L (weight on L) (2), ½ turn L stepping slightly back on R (3) [12:00]
4 & 5	¼ L rocking L to L side (4), recover on R (&), cross L over R (5) [9:00]
6 7	1/8 L stepping back on R sitting into R hip with straight L leg and L heel forward (6), recover weight onto L still facing diagonal (7) [7:30]

***Restart/Tag during wall 2 facing the back wall [6:00]**

Section 2: R Cross, L Side, R Together, L Cross, ¼ L, ½ L, R Side/Touch L, L Side/Touch R, Back R

8 & 1	Cross R over L squaring up to [9:00] (8), step L to L side (&), step R next to L opening body slightly to R diagonal (1) [9:00]
2 3 4	Cross L over R (2), ¼ turn L stepping back on R (3), ½ turn L stepping forward on L (4) [12:00]
5&6&	Step R to R side (5), touch L next to R (&), step L to L side (6), touch R next to L (&)
7	Step back on R keeping L heel forward with toes pointing up (7)

Section 3: Back L, 3/8 R Fwd R, Fwd L, Rock Fwd R, Recover L, Back R, ½ L, 1/8 L Stepping R, L Rock Back & L Side

8 & 1	Step back on L (8), 3/8 R stepping forward on R (&), step forward on L (1) [4:30]
2 3	Rock/press forward on R (2), recover on L (3)
4 & 5	Step back on R (4), ½ turn L stepping forward on L [10:30] (&), 1/8 turn L stepping R to R side (5) [9:00]
6 & 7	Rock L behind R (6), recover on R (&), step L to L side (7)

Section 4: R Sailor ¼ R, ½ L Push L, Push Back R, Walk Fwd L Ball Step ¼ L, Walk Fwd R, ½ R Hitching L into Figure 4

8 & 1	Step R behind L (8), ¼ turn R stepping L next to R (&), step forward on R (1) [12:00]
2 3	½ turn L pushing forward onto L (2), push back onto R (3) [6:00]
4 & 5	Walk forward on L (4), ¼ turn L stepping ball of R slightly to R side (&), step forward on L (5) [3:00]
6 7	Walk forward R (6), ½ turn over R on ball of R hitching L into figure 4 (7) [9:00]

Count 32 begins the dance again with the L kick forward on (8)

***Restart/Tag: after count 7 of section 1 during wall 2, add the following tag restarting the dance on count 1**
***1/8 Shuffle RLR**

8 & 1	1/8 R stepping forward on R straightening up to [6:00] (8), step L next to R (&), step forward on R (1) count 1 Restarts the dance

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