

# No Sun on Sunday!

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Type of dance: 32 counts, 2 walls, High intermediate, nightclub line dance  
 Music: **Sun on Sunday** by James Blunt. Track length: 3:18. Buy on iTunes, etc.  
 Intro: 8 counts (app. 9 secs. into track). Start with weight on L foot  
 1 tag: During wall 2, after 26 counts, facing 12:00. See tag description at bottom of page  
 3 Restarts: 1) on wall 4, after 26 counts, facing 12:00. 2) on wall 5, after 18 counts, facing 6:00. 3) On wall 6, after 26 counts, facing 12:00.  
 NOTE: During the 3 choruses (walls 2, 4 and 6) the music slows down from counts 23-26. Don't change your steps. Follow the slowing down of the music  
 Phrasing: Intro, 32, 26, 8, 32, 26, 18, 26, Ending

Counts	Footwork	End facing
<b>1 – 9</b>	<b>Lunge R, run around ½ L, cross rock, hitch, behind side 1/8 L, R rock, ½ R, full spiral R</b>	
1	Lunge R to R side (1)	12:00
2&3	Recover onto L with ¼ L (2), turn 1/8 L stepping R fwd (&), turn 1/8 L stepping L fwd hitching R knee (3) <i>Styling for count 3 during the 3 choruses: go up on the tip of your L toes</i>	6:00
4 – 5	Cross rock R over L (4), recover onto L sweeping R to R side (5) <i>Styling for count 4 during each of the 3 choruses: bend in both knees collapsing forwards in upper body to match the lyrics 'crumbling inside'</i>	6:00
6&7	Cross R behind L (6), turn body 1/8 L stepping L to L side (&), Rock R fwd (7)	4:30
8&1	Recover on L (8), turn ½ R stepping R fwd (&), step L fwd and spiral a full turn R on L (1)	10:30
<b>10 – 17</b>	<b>Run run rock R fwd, back back rock L back, recover R fwd, reverse 3/8 L sweep, weave</b>	
2&3	Step R fwd (2), step L fwd (&), rock R fwd (3)	10:30
4&5	Recover back on L (4), run back on R (&), rock back on L opening body slightly up to L (5)	10:30
6 – 7	Recover fwd onto R prepping body slightly R (6), turn 3/8 L stepping L fwd sweeping R fwd at the same time (7)	6:00
8&1	Cross R over L (8), step L to L side (&), cross R behind L sweeping L out to L side (1)	6:00
<b>18 – 24</b>	<b>Behind turn step, step turn turn sweep, L back mambo, step ¼ L</b>	
2&3	Cross L behind R * (2), turn ¼ R stepping R fwd (&), step L fwd (3) - * <b>Note: Restart on wall 5 after count 2 in this section, facing 6:00</b>	9:00
4&5	Step R fwd (4), turn ½ L stepping fwd onto L (&), turn ½ L stepping back on R sweeping L out to L side (5)	9:00
6&7	Rock back on L (6), recover fwd to R (&), step L fwd (7)	9:00
8&	Step R fwd (8), turn ¼ L onto L (&)	6:00
<b>25 – 32</b>	<b>R cross rock, ball cross rock recover, ball cross, side L, R back rock, side R, behind</b>	
1 – 2	Cross rock R over L (1), recover onto L (2) * <b>Note: Restart here on wall 4, facing 12:00</b>	6:00
&3 – 4	Step R to R side (&), cross rock L over R (3), recover back on R (4)	6:00
&5 – 6	Step L to L side (&), cross R over L (5), step L to L side (6)	6:00
7&	Rock back on R (7), recover fwd onto L (&)	6:00
8&	Step R to R side (8), cross L behind R (&)	6:00
<b>Start Again!</b>		
<b>Ending</b>	Start wall 7, facing 12:00. Finish the dance facing 10:30 with the L back rock on count 13 ☺	12:00
<b>TAG</b>	During wall 2, after 26 counts, facing 12:00: <b>Lunge R, 1 ¼ roll L with sweep, R jazz box ¼ R, L cross rock side, R cross rock</b>	
1	Lunge R to R side (1)	12:00
2&3	Recover to L turning ¼ L (2), turn ½ L stepping back on R (&), turn ½ L stepping L fwd sweeping R fwd (3)	9:00
4&5	Cross R over L (4), step back on L (&), turn ¼ R stepping R to R side (5)	12:00
6&7	Cross rock L over R (6), recover back on R (&), step L to L side (7)	12:00
8&	Cross rock R over L (8), recover back on L (&) ... <i>Then start the dance from the top again</i>	12:00