

# Girl Power



**Count:** 64      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Simon Ward, Australia, Debbie McLaughlin, UK & Jose Miguel Belloque Vane, Holland, (Oct 2013)

**Music:** Woman's World, by Cher. Album: Closer To The Truth

**Notes:** 2 x Restarts, Walls 1 & 3 after count 56. 4 count bridge on Wall 6 after count 32. Intro 16 counts into track

**1st Place: 2013 Windy City Linedancemania Instructors Choreography Competition**

**[1-8] Right side, L toe behind, ¼ L, ¼ L, L behind R, ¼ turn R, Shuffle fwd L**

- 1-2 Step right to right side, Touch left toe behind right looking to right
- 3-4 Step left to left turning ¼ L, Step right forward making a further ¼ turn left 6.00
- 5-6 Step left behind right, Step right to right turning ¼ turn right 9.00
- 7&8 Step left slightly forward, Step right beside left, Step left slightly forward

**[9-16] R fwd, Pivot ½ L, R fwd, Hitch L, Cross/step L, ¼ L, L cross shuffle back**

- 1-2 Step right forward, Pivot ½ turn left taking weight onto left 3.00
- 3-4 Step right forward and slightly across left, Hitch left knee up shrugging shoulders forward (use arms for styling)
- 5-6 Cross/step left over right, Step right to right turning ¼ turn left 12.00
- 7&8 Step left back, Cross/step right over left, Step left back

**[17-24] Rock R back, Recover L, Walk R,L, 2 x toe heel struts with ½ turns L**

- 1-2 Rock/step right back, Recover weight onto left (on chorus clench right fist then left fist to match words of song)
- 3-4 Walk forward right, left
- 5-6 Touch right toe forward making ¼ turn left, Drop right heel making a further ¼ turn left (toe heel strut ½ turn) 6.00
- 7-8 Touch left toe back making a ¼ turn left, Drop left heel making a further ¼ turn left (toe heel strut ½ turn) 12.00

**[25-32] R fwd, Pivot ½ L, Walk R,L, Full paddle turn L, Step R beside L**

- 1-2 Step right forward, Pivot ½ turn left taking weight onto left 6.00
- 3-4 Walk forward right, left
- 5-8 Turn ¼ left touching right to right 3.00, turn ¼ left touching right to right 12.00, turn ¼ left touching right to right 9.00, turn ¼ left stepping right next to left 6.00 - full paddle turn, on chorus arms go out palms facing up

**[33-41] L side, 1/8 R & rock R back, Recover L, Shuffle fwd R, L fwd, Pivot ½ R, ½ R & cross shuffle L back**

- 1-3 Step left to left side, Turn 1/8 turn right & rock/step right back, Recover weight onto left 7.30
- 4&5 Step right forward, step left beside right, step right forward
- 6-7

- Step left forward, Pivot  $\frac{1}{2}$  turn right taking weight onto right (sharp pivot turn)  
1.30  
8&1 Making a further  $\frac{1}{2}$  turn right & step left back, Cross/step right over left, Step left back 7.30

**[42-48] Rock R back, Recover L, R scissor step,  $\frac{1}{4}$  R,  $\frac{1}{2}$  R,  $\frac{1}{2}$  R**

- 2-3 Rock/step right back, Recover weight onto left 7.30  
4&5 Step right to right side facing 6.00, Step left beside right, Cross/step right over left turning body slightly left  
6-8 Step left to left turning  $\frac{1}{4}$  turn right 9.00, Step right back turning  $\frac{1}{2}$  turn right 3.00, Step left forward turning  $\frac{1}{2}$  turn right 9.00

**[49-56]  $\frac{1}{4}$  R, Point L,  $\frac{1}{4}$  L,  $\frac{1}{4}$  L, L behind R, R side, Cross chasse L over R**

- 1-2 Step right back turning a further  $\frac{1}{4}$  turn right 12.00, Point left toe to left (on chorus flex your biceps to match words of song)  
3-4 Make a  $\frac{1}{4}$  turn left stepping onto left 9.00, Step right forward turning  $\frac{1}{4}$  turn left 6.00  
5-6 Step left behind right, Step right to right side 6.00  
7&8 Cross/step left over right, Step right to right side, Cross/step left over right

**\*\*RESTART ON WALLS 1 & 3 – facing back \*\***

**[57-64] Rock R to R, Recover L, Cross/step R, Hold x 2 with arms**

- 1-2 Rock/step right to right side, Recover weight onto left 6.00  
3-4 Cross /step right over left turning body slightly left, Hold (both arms go up and out on the words “Womans World”)  
5-6 Rock/step left to left side, Recover weight onto right 6.00  
7-8 Cross/step left over right turning body slightly right, Hold (both arms go up and out on the words “Womans World”)

**RESTART**

**Bridge Notes: On wall 6 – you will hit a 4 count break in the music after the paddle turn (facing front wall), Pose for 4 counts stepping left to left side then continue with dance from count 33**

**Ending: At the end of dance facing the back wall, step right to right side with a sharp look over right shoulder to front wall slapping right buttock**

**Contacts:-**

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