

Up A Notch

Count: 32

Wall: 2

Level: Beginner

Choreographer: Amy Christian-Sohn (Nov 2010)

Music: Up by The Saturdays

Intro: 32 count.

Vine R, Step, Touch, Step, Touch,

1-4 Step to R side, L behind R, R to right side, Touch L next to R,

5-8 Step L to left side, Touch R next to L, Step R to right side, Touch L next to R,

Vine L. Step, Touch, Step, Touch,

1-4 Step L to left side, R behind L, L to left side, Touch R next to L,

5-8 Step R to right side, Touch L next to R, Step L to left side, Touch R next to L,

Rocking Chair, Walk, Walk, Walk, Together,

1-4 Rock fwd on R, Recover back on L, Rock back on R, Recover fwd on L,

5-8 Walk forward, R, L, R, Step L next to R,

1/4 Pivot, 1/4 Pivot, Out, Out, In, In,

1-4 Step fwd on R, Pivot 1/4 right on L, Step fwd on R, Pivot 1/4 right on L,

5-8 Step R to right side, Step L to left side, Step R in, Step L next to R,

Begin again!

Easy 8 count Tag is done facing the back wall, at the end of Wall 9.

Tag - Just The Arms, R, Hold, L, Hold, Cross, Hold, Down, Hold.

1-2 Look R as R hand goes straight out to R side, (1), Hold(2),

3-4 Look L as L hand goes straight out to L side, (3), Hold (4),

5-6 Look Forward, Arms crossed at Chest(5), Hold (6),

7-8 Drop both arms to sides(7), Hold(8)

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