



Shake It A Little

Style: 32 counts, 4 walls / Beginner

Choreographer: Sandy Albano & Diane Petoskey (April 2009)

Music: Shake Yourself Loose by Vickie Winans

(Intro: 32 counts, on vocals)

Jump Forward Out, Out and Clap; Hip Bumps; Heel Touch & Return x2

&1, 2 Jump fwd R, L (&1); Hold and clap hands(2)

3 & 4 Bump Hips L (3), R (&), L (4)

5, 6 Touch R heel out to right diagonal (5), Step R beside L (6)

7, 8 Touch L heel out to left diagonal (7), Step L beside R (8) **(12:00)**

Right Jazz Box with a Cross; Step R, Touch L Behind Right; Step L, Touch R Behind Left

1, 2 Cross R over L (1); Step back on L (2)

3, 4 Step R to right side (3); Cross L over R (4)

5, 6 Step R to right side (5); Touch L behind R (Throw arms out to right side and snap)(6)

7, 8 Step L to left side (7); Touch R behind L (Throw arms out to left side and snap)(8) **(12:00)**

Vine right with Touch; Turn Quarter turn right and Vine Left with Touch

1, 2 Step R to right side (1); Step L Behind R (2)

3, 4 Step R to right side (3); Touch L next to R (4)

5, 6 Turning $\frac{1}{4}$ turn to the right, Step L to left side (5); Step R behind L (6)

7, 8 Step L to left side (7); Touch R next to L (8) **(3:00)**

Back Right, Touch; Back Left, Touch; Jump Forward Out, Out and clap; Hip Bumps

1, 2 Step R back to right diagonal (1); Touch L next to R (2);

3, 4 Step L back to left diagonal (3); Touch R next to L (4);

&5, 6 Jump fwd R, L (&5); Hold and clap hands(6)

7 & 8 Bump Hips L (7), R (&), L (8) **(3:00)**

REPEAT