

# RUB IT IN

Choreographed by: Kathy Heller  
 Music: **Rub It In** by Jeff Bates (120 bpm) CD: **Leave The Light On**  
 Descriptions: 32 count - 2 wall - Beginner level line dance

## Start on the word "Sand"

Or Music: Let It Roll, Let It Ride by The Notorious Cherry Bombs (130 bpm; CD: Notorious Cherry Bombs)  
 Smilin' Song by Vince Gill ( 118 bpm; CD: These Days – disk #1)

### 1-8 **WALK FORWARD, KICK, WALK BACKWARD, TOUCH**

1-4 Walk forward RLR, kick left forward

5-8 Walk backward LRL, touch right next to left

### 9-16 **VINE RIGHT, VINE LEFT**

1-4 Step right to side right, left behind right, right to side right, scuff left

5-8 Step left to side left, right behind left, left to side left, scuff right

### 17-24 **STEP, SCUFF 4X**

1-4 Step forward on right, scuff left, step forward on left, scuff right

5-8 Step forward on right, scuff left, step forward on left, scuff right

### 25-32 **QUARTER TURN, BUMPS, QUARTER TURN, BUMPS**

1-2 Making ¼ turn left, step right to side right & bump to right 2X

3-4 Switch weight to left, and bump to the left 2X

5-6 Making ¼ turn left, step right to side right & bump to right 2X

7-8 Switch weight to left, and bump to the left 2X

**NOTE:** For a little more fun, this can also be done contra style, walking through the lines on steps 17-24.

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