

ROCKIN' THAT BODY BODY

Choreographed by: Michele Perron, DANCE Expressions (Dec 09)
 Music: **Body, Body** by Massari (CD: 128bpm)
 Descriptions: 64 count - 2 wall - Intermediate/Advanced level line dance

Introduction: 48 Counts

Dance: 64, 64, Bridge, 64, 64, Bridge, 64....

- 1-8 Across, Back, Side; L Cha Forward, Forward-Back, Cha Cha Turn**
 1-3 RIGHT Step across front of L; LEFT Step back; RIGHT Step side R
 4&5 LEFT Cha Cha forward (locking)
 6,7 RIGHT Break/Step forward; LEFT Recover/Step back
 8&1 Turn 1/2 R with RIGHT Cha Cha (locking) **(6 o'clock)**
- 9-16 Forward, Turn, L Crossing Cha, Side/Rock, Recover/Side, R Crossing Cha**
 2,3 LEFT Step forward; Turn 1/4 R with RIGHT Step side R **(9 o'clock)**
 4&5 LEFT Crossing Cha Cha (L across front of R, R side R, L across front of R)
 6,7 RIGHT Rock/Step side R; LEFT Recover/Step side L
 8&1 RIGHT Crossing Cha Cha (R across front of L, L side L, R across front of L)
- 17-24 Turn, Drag, Run-Run-Run, Forward, Back, Run-Run-Run**
 2,3 Turn 1/4 L with LEFT Step forward; RIGHT 'Drag' to L **(6 o'clock)**
 4&5 RIGHT, LEFT, RIGHT Steps forward
 6,7 LEFT Break/Step forward; RIGHT Recover/Step back
 8&1 LEFT, RIGHT, LEFT Steps back
- 25-32 Back, Forward, Forward-Turn, Forward-Turn, Forward-Turn (3 Paddle Turns)**
 2,3 RIGHT Break/Step back; LEFT Recover/Step forward
 4,5 RIGHT Step forward; Turn 1/4 L with LEFT Step side L **(3 o'clock)**
 6,7 RIGHT Step forward; Turn 1/4 L with LEFT Step side L **(12 o'clock)**
 8,1 RIGHT Step forward; Turn 1/4 L with LEFT Step side L **(9 o'clock)**
- 33-40 Touch, Hold Cha Cha Side: Repeat**
 2,3 RIGHT Toe/Touch across front of L; HOLD
 4&5 RIGHT Cha Cha side R
 6,7 LEFT Toe/Touch across front of R; HOLD
 8&1 LEFT Cha Cha side L
- 41-48 Back, Forward, Turn, Back, Back, Forward, Cha Cha Forward**
 2,3 RIGHT Rock/Step back; LEFT Recover/Step forward
 4,5 Turn 1/2 L with RIGHT Step back; LEFT Step back **(3 o'clock)**
 6,7 RIGHT Rock/Step back; LEFT Recover/Step forward
 8&1 RIGHT Cha Cha forward
- 49-56 Forward, Turn, Forward, Turn, Across, Back, Side**
 2,3 LEFT Step forward; Turn 1/2 R with RIGHT Step forward **(9 o'clock)**
 4,5 LEFT Step forward; Turn 1/2 R with RIGHT Step forward **(3 o'clock)**
 6,7,8 LEFT Step across front of R; RIGHT Step back; LEFT Step side L

- 57-64 Side, Touch 3x, Side, Hold**
- 1,2 RIGHT Step side R with 1/4 Turn L; LEFT Toe/Touch beside R **(12 o'clock)**
- 3,4 LEFT Step side L; RIGHT Toe/Touch beside L
- 5,6 RIGHT Step side R with 1/2 Turn L; LEFT Toe/Touch beside R **(6 o'clock)**
- 7,8 LEFT Step side L; HOLD

BRIDGE: 8 Counts

- 1,2 RIGHT Step across front of L; LEFT Step back
- 3,4 RIGHT Step side R; LEFT Step forward
- 5-8 Circle Hips or Hip Bumps, weight ends on L or Use these 8 Counts for your own choreography and do something with your 'Body Body'...Smiles

Bridge OCCURS on front wall two times

Begin Again

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