

# REACH OUT!

Choreographed by: Shaz Walton (Feb 09)  
 Music: **Reach Out** by **Hilary Duff** (CD: Single)  
 Descriptions: 64 count - 2 wall - Intermediate level line dance

**Count in:** 16 counts- just after the lyrics "Lets Go"

**The FIRST restart happens AFTER 32 counts on the FIRST wall.**

## **¼. Kick. Ball. Step. ¼ Cross. ¼ Back. Together. Kick. Step. Point.**

1 Make a ¼ left taking the weight back on right foot.  
 2&3 Kick left forward. Step left beside right. Step right forward.  
 4-6 Make ¼ left- crossing left over right. Make ¼ left stepping back right. Step left foot back.  
 7&8 Kick right forward. Step right beside left. Point left to left side.

## **¼. Kick. Ball. Step. Forward. Cross ¼ . Side. Sailor ¼ Right.**

1 Make a ¼ left taking the weight back on right foot.  
 2&3 Kick left forward. Step left beside right. Step right forward.  
 4-6 Step forward left. Make ¼ turn right crossing right over left. Step left to left side.  
 7&8 Sailor ¼ turn right.

## **Rock Back. Recover. Side . Touch. Diagonal Forward. Touchx2.**

1-2 Cross rock left behind right. Recover on right.  
 3-4 Step left to left side. Touch right beside left.  
 5-6 Step right to right diagonal (upper body faces left diagonal) touch left beside right.  
 7-8 Step left to left diagonal (upper body faces right diagonal) touch right beside left. Dip counts 5 & 7 – attitude!

## **Ball Step. ½ Pivot. Cross. Unwind ½. Sweep. Sailor ½ . Side. Dip. Heel Drag.**

&1-2 Step right beside left. Step left forward. Make ½ pivot turn right.  
 3-5 Cross left over right. Unwind ½ turn right (weight ends left) sweep right foot out.  
 6&7 Sailor ½ turn right.  
 8 Take a big step to left as you drag right foot to left with heel on floor & toes raised.

**\*\*RESTART here on wall 1 – Bring right foot completely to left (weight central) to restart the dance\*\***

## **Ball. Cross Dip. Rise. Cross Rock. Recover. ¼. ½ . ¼ Side Shuffle.**

&1-2 Step right beside left. Cross step left over right as you dip. Step right to side as you raise up.  
 3-4 Cross left over right as you dip & rock . Recover on right.  
 5-6 Step left ¼ left. ½ turn left stepping back right.  
 7&8 Make a ¼ left as you step left to left. Step right beside left. Step left to left.

## **Cross. Hold. ¼ Back. Back. Forward. Press. Hold. Back. Back Forward.**

1-2 Cross right over left. Hold.  
 &3-4 Make ¼ right stepping back left. Step back right. Step forward left.  
 5-6 Press right forward. Hold  
 &7-8 Step back left. Step back right. Step forward left.

## **Lunge Side (With Shoulders) Ball Cross. Point. ¼ Roll. Sit. Back. Walk. Walk.**

1-2 Step right to right as you lunge to right – lifting left leg to left  
 (And rolling shoulders to right ending with right shoulder raised – optional)  
 &3-4 Step left beside right. Cross right over left. Point left to left.  
 5-6 Roll hips anti-clockwise making ¼ left – sit over right hip – weight on right.  
 &7-8 Step back on left. Step forward right. Step forward left.

**\*\*On Wall 7, 2nd RESTART here AFTER HOLDING for 2 counts \*\***

## **Cross. Hold. ¼ Forward. ¼ Cross. Rock. Recover. Cross. Point.**

1-2 Cross right over left. Hold.

- &3-4 Step left ¼ left. Step right to side making ¼ left. Cross left over right.
- 5-6 Rock right to right side. Recover left
- 7-8 cross step right over left. Touch left to left side.

**2nd RESTART:** wall 7 dance up to count 56- hold for 2 counts.....start the dance again from count 1. You will restart the dance facing the back wall.

07762410190 [shaz5678@sky.com](mailto:shaz5678@sky.com)

