

# Only Girl



**Count:** 64      **Wall:** 2      **Level:** Intermediate Cha Cha

**Choreographer:** Simon Ward (Aus) and Niels Poulsen (Den) Jan 2011

**Music:** 'Only Girl' by Rihanna. On album: Only Girl (in the world) 124bpm

**Intro: 32 counts from first beat (app. 15 seconds into track). Start with weight on L**

**[1 – 8] ¼ R, L rock fw, ½ shuffle turn L, fw R, ¾ spiral turn L, L step lock**

- 1 – 3      Turn ¼ R stepping fw on R (1), rock fw on L (2), recover on R (3) 3:00  
 4&5      Turn ¼ L stepping L to L side (4), step R next to L (&), turn ¼ L stepping L fw (5) 9:00  
 6 – 7      Step fw on R (6), turn ¾ L on R foot ending with L leg hooked across R shin (7) 12:00  
 8&      Step fw on L (8), lock R behind L (&) 12:00

**[9 – 16] Fw L, R rock fw, R back lock step, ¼ L, point R, hold, together**

- 1 – 3      Step fw on L (1), rock R fw (2), recover on L (3) 12:00  
 4&5      Step back on R (4), lock L over R (&), step back on R (5) 12:00  
 6 – 7      Turn ¼ L stepping L to L side (6), point R to R side (7) 9:00  
 8&      Hold (8), step R slightly behind L (&) 9:00

**[17 – 24] Cross, R side rock, R samba step, cross, point, cross R**

- 1 – 3      Cross L over R (1), rock R to R side (2), recover on L (3) 9:00  
 4&5      Cross R over L (4), rock L to L side (&), recover on R (5) 9:00  
 6 – 7      Cross L over R (6), point R to R side (7) 9:00  
 8      Cross R over L (8) 9:00

**[25 – 32] Push back L, together R, fw L, R step lock step, fw L, ½ R, R coaster step**

- 1 – 3      Step L a big step back leaving R toe pointed (1), step R next to L (2), walk fw L (3) 9:00  
 4&5      Step fw on R (4), lock L behind R (&), step fw on R (5) 9:00  
 6 – 7      Step fw on L (6), make ½ R on L foot (7) – weight remains on L foot 3:00  
 8&      Step back on R (8), step L next to R (&)

**\* Restart here on wall 3, facing 3:00, stepping R fw 3:00**

**[33 – 40] Fw R, walk L R, L step lock step, rock R fw, recover sweep ¼ R, R sailor**

- 1 – 3      Step fw on R (1), walk L fw (2), walk R fw (3) 3:00  
 4&5      Step fw on L (4), lock R behind L (&), step fw on L (5) 3:00  
 6 – 7      Rock fw on R (6), turn ¼ R as you recover back on L and sweep R out to R side (7) 6:00  
 8&      Cross R behind L (8), step L a small step to L side (&) 6:00

**[41 – 48] Side R, cross, ¼ L back, ¼ L into L chasse, hold, ball step, hold, together**

- 1 – 3      Step R to R side (1), cross L over R (2), turn ¼ L stepping back on R (3) 3:00  
 4&5      Turn ¼ L stepping L to L side (4), step R next to L (&), step L to L side (5) 12:00  
 6&7      Hold (6), step R next to L (&), step L to L side (7) 12:00  
 8&      Hold (8), step R next to L (&) 12:00

**[49 – 56] Side L, cross rock, R chasse, cross, ¼ L back, L back lock**

- 1 – 3 Step L to L side (1), cross rock R over L (2), recover back on L (3) 12:00  
 4&5 Step R to R side (4), step L next to R (&), step R to R side (5) 12:00  
 6 – 7 Cross L over R (6), turn ¼ L stepping back on R (7) 9:00  
 8& Step back on L (8), lock R over L (&) 9:00

**[57 – 64] Back L, R back rock, R kick ball point into monterey ¼ L, touch R together**

- 1 – 3 Step back on L (1), rock back on R (2), recover fw onto L (3) 9:00  
 4&5 Kick R fw (4), step R next to L (&), point L to L side (5) 9:00  
 6 – 7 Turn ¼ L on R stepping L next to R (6), point R to R side (7) 6:00  
 8 Touch R next to L (8) 6:00

**Start again... and ENJOY!**

**\* 1 restart: After count 32& on wall 3, facing 3:00:**

**The last step of your coaster step is the first step of your restart.**

**This also means you don't turn ¼ R as you would normally on count 1**

**TAG End of wall 6, facing 6:00:**

- 1 - 4 Turn ¼ R stepping R fw (1), rock L fw (2), recover on R (3), turn ¼ L stepping L to L side (4) 6:00

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