

M.J. MOVES

MICHELE PERRON and JO THOMPSON,
Four Wall, 32 Count Line Dance
CW Rotation, Intermediate/Advanced Level, September 2001
michele.perron@gmail.com
www.micheleperron.com

SEC.I (1-8) PRESS-RECOVER, BEHIND-&-ACROSS, 'HIP' WALKS; L,R,L,R

- 1 RIGHT Toe-Ball 'Press' diagonal R forward (R shoulder lifts)
2 Push off from R and weight on L (R shoulder drops down)
3&4 RIGHT Step behind L, LEFT Step to side L, RIGHT Step across front of L
5,6 LEFT Step to side L with L hip bump forward; RIGHT Step to side R with R hip bump forward
7,8 LEFT Step to side L with L hip bump forward; Execute 1/2 Turn R and
RIGHT Step forward across front of L (6 o'clock)

SEC.II (9-16) STEP-LOOK, TURN, TURN, COASTER STEP, TURNING VINE

- 1 LEFT Step to side L (Head looks R)
2 HOLD, (Head looks L, R arm swings across front waist, L arm swings to side L
(both bend, feet remain apart)
3 Execute 1/4 Turn R with RIGHT Step forward (9 o'clock)
4 Execute 1/2 Turn R with LEFT Step back (3 o'clock)
5&6 RIGHT Step back, LEFT Step next to R, RIGHT Step forward
7 Execute 1/4 Turn R and LEFT Step to side L
& RIGHT Cross Step behind L (6 o'clock)
8 Execute 1/2 Turn L and LEFT Step forward across front of R (12 o'clock)

SEC.III (17-24) SIDE, REPLACE-KICK, ACROSS, SIDE, BEHIND, TURN, FORWARD, TURN, FORWARD

- &,1 RIGHT Step to side R; LEFT Slide/Step next to R with R low kick to side R
(Left foot is meant to 'kick' out R leg)
2 RIGHT Step across front of L
3,4 LEFT Step to side L; RIGHT Cross/Step behind L
&,5 Execute 1/4 Turn L with LEFT Step forward, RIGHT Step forward (9 o'clock)
6 LEFT Step forward
7,8 Execute 1/2 Turn R, weight ends R; LEFT Step forward (3 o'clock)

SEC.IV (25-32) RIGHT TRIPLE FORWARD; KICK-BALL-CROSS; LEFT TRIPLE FORWARD;

KICK-BALL-CROSS

- 1&2 RIGHT Triple Steps forward (R,L,R)
3&4 LEFT Kick forward (slight head tilt R), LEFT Toe/Ball Step behind, RIGHT Step across front of L
(Knees bend deep, head tilts L)
5&6 LEFT Triple Steps forward (L,R,L)
7&8 RIGHT Kick forward (slight head tilt L), RIGHT Toe/Ball Step behind, LEFT Step across front of R
(Knees bend deep, head tilts R)

Begin Again

Music Selections: West Coast Swing
Neighbourhood (16 Count Introduction)
CD: Conspiracy (www.hmv.co.uk)
Hit'Em Up Style (Oops!)

Drizabone 112 bpm

Blu Cantrell 90 bpm