

# LAID BACK 'N LOW KEY

Choreographed by: Peter & Alison, TheDanceFactoryUK, Feb 08  
 Music: **Laid Back 'n Low Key** by **Alan Jackson (CD: Good Time)**  
 Descriptions: 32 count - 4 wall line dance - Intermediate level

Start 20 counts after the heavy beat kicks in when he sings the word 'LOW'

**1-8** **R side, L together, R back ball cross, L side, R together, L fwd shuffle**

1-2 Step R side, step L together

3&4 Step R back, step L back, cross step R over L

5-6 Step L side, step R together

7&8 Step L forward, step R together, step L forward

**9-16** **R fwd rock & recover, ¼ right shuffle, weave R 4**

1-2 Rock R forward, recover weight on L

3&4 Turning ¼ right step R side, step L together, step R side

5-8 Cross step L over R, step R side, cross L behind R, step R side

**17-24** **L cross rock & recover, ¼ L shuffle, R fwd, ½ L pivot turn, walk/skate/full turn R & L fwd**

1-2 Cross rock L over R, recover weight on R

3&4 Step L to L side, step R together, turn ¼ L step L forward

5-6 Step R forward, pivot ½ left

7-8 Step R forward, step L forward (or skate forward R & L)

(Option: Full turn left on counts 23-24)

**25-32** **Rocking chair, ¼ R jazz box cross**

1-4 Rock R forward, recover weight on L, rock R back, recover weight on L

5-8 Cross R over L, step L back, turning ¼ right step R side, cross step L over R

**Big Ending:** Rock R forward, recover weight on L Turning ¼ right step R side, step L together, step R side, Step L forward – ta-da!

Tel: 01727 853041 [Website](#)

