

If I Don't Dance



Count: 32 **Wall:** 4 **Level:** Beginner / Improver

Choreographer: Johnny Two-Step (UK)

Music: If I Don't Dance by Kelly Hunt

ROCK RECOVER, SHUFFLE ½ TURN, ROCK RECOVER, COASTER STEP

1-2 Rock forward on right foot back on left foot
 3&4 Shuffle ½ turn right, stepping right, left, right
 5-6 Rock forward on left foot, back on right foot
 7&8 Step back on left, step right beside left, step left forward

FORWARD RIGHT TOE STRUT, LEFT TOE STRUT, ½ TOE STRUT , ¼ TOE STRUT

1-2 Step forward right toe down heel down
 3-4 Forward left toe down heel down
 5-6 Make a ½ turn left stepping back on right toe heel
 7-8 Make a ¼ turn left stepping left toe heel to left side

STEP LOCK SHUFFLE , STEP ¾ TURN, SIDE SHUFFLE

1-2 Step forward on right foot step left behind right foot
 3&4 Shuffle forward right left right
 5-6 Step forward on left foot ¾ turn right on right foot
 7&8 Side shuffle left stepping left right left

CROSS BEHIND ¼ TURN, SHUFFLE FORWARD, ROCK RECOVER , COASTER STEP

1-2 Step right behind left foot ¼ turn left on left foot
 3&4 Shuffle forward right left right
 5-6 Rock forward on left foot back on right foot
 7&8 Step back on left, step right beside left, step left forward

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