

Hold On !



Count: 64 **Wall:** 2 **Level:** Intermediate

Choreographer: Shaz Walton (June 2011)

Music: 'World Hold On' by Bob Sinclar – single

Count in..... 32 counts

Kick ball touch. Rock/bump. Recover. Coaster step. Walk. Walk.

1&2 Kick right forward. Step right beside left. Touch left forward.
 3-4 Rock/bump left forward. Recover on right.
 5&6 Step back left. Step back right. Step forward left.
 7-8 Step right forward. Step left beside right.

Heel turn ¼. Rock back. Recover. Jazz box cross.

1-2 Make ¼ left on heels of both feet over 2 counts finishing with weight on right.
 3-4 Rock back left. Recover right.
 5-6 Cross step left over right. Step back on right.
 7-8 Step left to left side. Cross step right over left.

Side. Hold. Ball side. Hold. Ball side. ¼. Back. Back. ½

1-2& Step left to left side. Hold. Step right beside left.
 3-4& Step left to left side. Hold. Step right beside left. (Counts 1-4....body roll!)
 5-6 Make ¼ left stepping left forward. Step back on right.
 7-8 Step back on left. Make ½ turn right stepping right forward.

Step. spiral. Walk. Press. Back. Back. Kick. Back. Back. Kick.

1-2 Step forward left. Spiral a full turn right, hooking right over left knee.
 3-4 Step forward right. Press left forward.
 5&6 Step back right. Step back left. Step back right as you kick left forward.
 7&8 Step back left. Step back right. Step back left as you kick right forward.

Rock back. Recover. Step. sweep ¼. Samba. Cross. Side. Touch.

1-2 Rock back on right. Recover left.
 3-4 Step forward right. Sweep left from back to front making ¼ right.
 5&6 Cross step left over right. Step right slightly to right side. Step left beside right.
 7&8 Cross step right over left. Step left to left side. Touch right beside left.

Side. Touch. ¼ Heel. Drop. Rock back. Rock forward. Coaster step.

1-2 Step right to right side. Touch left beside right.
 3-4 Make ¼ left digging left heel forward. Drop toes of left foot as you rock forward.
 5-6 Recover back on right. Rock forward left.
 7&8 Step back right. Step back left. Step forward right

Rock. Recover. Shuffle ¼ . shuffle ¼. ¼ side. ¼ side.

1-2 Rock forward left. Recover on right.
 3&4

- Make $\frac{1}{4}$ left stepping left to left side. Step right beside right. Step left to left side.
- 5&6 Step right to right side making $\frac{1}{4}$ left. Step left beside right. Step right to right side.
- 7-8 Make $\frac{1}{4}$ left stepping left to left side. Make $\frac{1}{4}$ left stepping right to right side.

Behind. Side. Rock. Recover. Coaster step. step $\frac{1}{2}$ pivot

- 1-2 Cross step left behind right. Step right to right side.
- 3-4 Cross rock left over right. Recover on right.
- 5&6 Step back on left. Step back on right. Step forward left.
- 7-8 Step forward right. Make $\frac{1}{2}$ pivot turn left. (Weight left)

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