

# Heads Up, Ho Down

Choreographed by Suzanne Wilson

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**Description: 32 count, 4 wall, beginner country line dance**

**Music: Ho Down by Brady Seals**

Start Dance on vocals

## WALK FORWARD, DOUBLE KICK, WALK BACK, COASTER STEP

- 1-2 Step forward right, left
- 3-4 Kick right foot forward twice
- 5-6 Step back right, left
- 7&8 Step back right, step left next to right, step forward right

## WALK FORWARD, DOUBLE KICK, WALK BACK, COASTER STEP

- 1-2 Step forward left, right
- 3-4 Kick left foot forward twice
- 5-6 Step back left, right
- 7&8 Step back left, step right next to left, step forward left

## STEP OUT, STEP OUT, ROLL HIPS, PIVOT 1/2 TURNS

- & 1-2 Step right to right, step left to left, hold
- 3-4 Roll hips in a circle -(CCW) (weight ends up on left)
- 5-6 Step right forward, pivot 1/2 turn left (WOL)
- 7-8 Step right forward, pivot 1/2 turn left (WOL)

## TRIPLE STEP FORWARD X2, PIVOT 1/2 TURN, PIVOT 1/4 TURN

- 1&2 Shuffle step forward right-left-right
- 3&4 Shuffle step forward left-right-left
- 5-6 Step right forward, pivot 1/2 turn left (WOL)
- 7-8 Step right forward, pivot 1/4 turn left (WOL)

**REPEAT**