

Clean up to the Elbow!

Danced to: "Amos Moses" by: Jerry Reed

32-count 4-wall Novice line dance

Choreographed by: Guyton Mundy

1-8 Walks, Forward sailors (X2) 1/2 turn Coaster

1-2 Walk forward R, L,

3&4 step R behind L, step L together , Step R in forward

5&6 step L behind R, step R together , Step L in forward

7&8 while making a 1/2 turn to the R. step R back, step together with L, step forward on R

9-16 Walks, Shuffles, Rock/recover, 3/4 turn

1-2 walk forward L, R,

3&4 shuffle forward L, R, L

5-6 rock forward on R, recover back on L

7-8 step back on R while making a 1/4 turn to the R, make a 1/2 turn to the R while stepping L to L side

17-24 Syncopated vine, rock/recover, sailor, scuff, 1/2 turn, Hitch

1&2 step R behind L, step L to L side, cross R in front of L

3-4 Rock L to L side, recover R

5&6 step L behind R, step R together , Step L forward

7&8 Scuff R foot forward while making 1/4 turn L, scuff R foot back while making 1/4 turn L, step back on R while hitching L leg up

25-32 Step, 1/2 turn sailors, step, point, cross, kick, ball.

1 Step forward on L

2&3 Step R behind L, step L together, step R forward while making 1/4 turn L

4&5 Step L behind R, step R together, step L forward while making 1/4 turn L

6 Step forward on R

7&8& Kick L heel forward, hitch L across R, kick L foot forward, step on ball of L foot

Repeat

***Transition from end of dance to beginning is a kick ball change on counts 8&1

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