

Get a Grip...

Neville Fitzgerald:

48 Count 2 Wall Int/Adv Line Dance:

Music: You Make Me Sick; Pink; Can't Take Me Home; CD Album:

Starts on Vocal:



Side, Rock & Point Hitch Cross, & Side, Cross, Back Cross Back.

1-2& Step Left to Left side, rock Right behind Left, recover on Right.

3&4 Point Right to Right side, hitch Right knee to Right diagonal, cross step Right over Left.

&5-6 Step back on Left, step Right to Right side, cross step Left over Right.

7&8 Step back on Right, cross/lock Left over Right, step back on Right. **(12.00)**

1/4 Turn, Side, Rock & Side, Sailor 1/4 Turn, Diagonal Coaster Step, Tap, Tap, Step.

&1 Make 1/4 turn to Left stepping forward on Left, step Right to Right side. **(9.00)**

2&3 Cross rock Left behind Right, recover on Right, step Left to Left side.

4&5 Cross step Right behind Left, 1/4 turn to Left stepping forward on Left, step Right to Right side. **(6.00)**

6&7 Turn 1/8th to Left stepping back on Left, step right next to Left, step forward on Left. **(4.30)**

&8& Tap Right toe next to Left heel, tap Right toe next to Left heel, back on Right.

Cross, Back, Side, Cross Step Cross, 1/4, 1/2, 1/4 Rock &.

1-2 Cross/Lock Left over Right, step back on Right.

3 Make 1/8th turn Left stepping Left to Left side. **(3.00)**

4&5 Cross step Right over Left, step Left to Left side, cross step Right over Left.

6-7 Make 1/4 turn to Right stepping back on Left, 1/2 turn to Right stepping forward on Right. **(12.00)**

8& Make 1/4 turn to Right rocking Left to Left side, recover on Right. **(3.00)**

Cross, 1/4 Turn, Back, Cross Back Cross, Back, Back, Cross, Side, Back, Cross.

1-2 Cross step Left over Right, make 1/4 turn Left stepping back on Right. **(12.00)**

3 Step back on Left facing slightly diagonal Left. **(11.00ish)**

4&5 Cross step Right over Left, step back on Left, cross step Right over Left. (travel diag' Left/Back)

&6& Step back on Left, step back on Right to Right diagonal, cross Left over Right. **(1.00)**

7&8 Step Right to Right side, step back on Left to Left diagonal, cross step Right over Left. **(11.00)**

& 1/4 Flick, Walk, Walk, Mambo Step, Touch, 1/4 Sit, Kick &.

&1 Tap Left toe next to Right, make 1/4 turn to Right as you flick Left behind. **(3.00)**

2-3 Walk forward Left-Right.

4&5 Rock forward on Left, recover on Right, step back on Left.

6-7 Touch Right toe back, make 1/4 turn to Right sitting weight on Left. **(6.00)**

8& Kick Right to Right diagonal, step Right to Right side.

Cross Dip, Side Cross Dip, Hitch, Behind & Cross, 1/4, 1/2, 1/4.

1-2 Cross step Left over Right as you dip bending knees, step Right to side as you rise up.

3-4 Cross step Left over Right as you dip bending knees, hitch Right knee into Right diagonal corner as you rise up.

5&6 Cross step Right behind Left, step Left to Left side, cross step Right over Left.

7-8 Make 1/4 turn to Right stepping back on Left, 1/2 turn to Right stepping forward on Right. **(3.00)**

& On ball of Right make 1/4 turn to Right. **(6.00)**