

# Follow Me Home

Description: 48 counts, 2 wall. Intermediate line dance  
Music: "Follow Me Home by the Sugababes" on the "Taller in more Ways" CD. Or itunes  
Choreographed by Teresa and Vera  
Start time & BPM: Start dance. 32 count intro, 1st step is just before main vocals. BPM 80  
Contact: Phone 020 8548 4929. Mob. 07961 805174.  
Email: [teresaandvera@aol.com](mailto:teresaandvera@aol.com) Website: [www.teresaandvera.co.uk](http://www.teresaandvera.co.uk).  
Check out our video page to watch this dance

## **STEP SIDE, ROCK BACK REPLACE 1/4, R LOCK BACK, ROCK & SPIN, SHUFFLE FWD**

- 1 Take large step out to R side  
2&3 Rock back on L slightly behind R, replace weight on R, making ¼ turn R, step back on L  
4&5 Step back on R, lock L in front of R, step back on R  
6&7 Rock back on L, replace weight on R, step fwd on L and spin full turn R hooking R foot in front of L calf  
(*Option, if you don't want to spin then just step fwd on L*)  
8&1 Shuffle fwd on R 3 o'clock

## **TWINKLE-ish! SAILOR 1/4 TURN x 2**

- 2&3 Cross L over R, step R to R side, step back on L to slight L diagonal  
4&5 Step R behind L, make ¼ turn L stepping L to L side, step R to R side  
6&7 Repeat counts 2&3  
8&1 Repeat counts 4&5 9

## **CROSS ROCK STEP BACK, ROCK BACK REPLACE STEP FWD, CROSS ROCK REPLACE 1/4, TRIPLE FULL TURN**

- 2&3 Cross Rock L over R, replace weight on R, step back on L to slight L diagonal  
4&5 Rock back R slightly behind L, replace weight on L, step fwd on R to slight R diagonal  
6&7 Cross rock L over R, replace weight on R, make ¼ turn L stepping fwd on L  
8&1 Triple whole turn L travelling fwd stepping R.L.R (*Option, shuffle fwd instead of turn*) 6

## **2 PRISSY WALKS, QUICK 1/2, WEAVE**

- 2-3 Walk fwd L, R  
4&5 Step fwd L, make ½ turn R stepping fwd on R, step fwd L,  
6-7-8& Cross R over L, step L to L side, step R behind L, step L to L side 12

## **KICK CROSS ROCK REPLACE KICK & TOUCH x2**

- 1&2& Kick R across L, cross R over L, rock L to L side, replace weight on R  
3&4 Kick L across R, cross L over R, touch R to R side \* *Restart here on wall 5 facing home wall*  
5&6& Repeat counts 1&2&  
7&8 Repeat counts 3&4 \* *Restarts here on walls 2 facing back wall & 4 facing home wall*

## **WHOLE TURN, CHASSES, TWINKLE-ish 1/2, TWINKLE CROSS**

- 1-2 Travelling to R side make a full turn R stepping R, L (Option, instead of turn step R to R side, step L next to R)  
3&4 Chasses R to R side  
5&6 Cross L over R, making 1/4 turn L step back on R, make another 1/4 turn L stepping L to L side  
7&8& Cross R over L, step L to L side, step R to R side, cross L over R. 6

**Restarts.** 3, all hopefully easy ish to hear in the music! 1<sup>st</sup> one on wall 2 do up to & including counts 1 to 8 of the 5<sup>rd</sup> section, the kick cross rock bit, start dance from beginning facing the 6 o'clock wall.  
2<sup>nd</sup> one will be in the same place in the dance on wall 4 facing the home wall.  
3<sup>rd</sup> one is also in 5<sup>rd</sup> section, end of counts 3&4 facing home wall. They are pretty easy really! Honest! ☺

Dance goes out of phrase for 1 wall, at the end, dance will end on the cross rock replace 1/4, triple full turn, facing the front

Luv T&V xx