

# BREAK YOUR HEART

Choreographed by: Shaz Walton (Aug 09)  
 Music: **Break Your Heart by Taio Cruz**  
 Descriptions: 64 count - 2 wall - Intermediate/Advanced level line dance

## Count in – start on the word 'Baby'

Styling..... Purely Optional!

### **Walk Back. Back. Sailor ½ . Press. Back. Sailor ¼. Side.**

1-2 Walk back right. Walk back left.  
 3&4 Cross right behind left making ¼ right. Step back left making ¼ right. Press right forward.  
 5 Step back on left.  
 6&7 Sailor ¼ Cross Right.  
 8 Step left to left side.

### **Cross. Rock. Recover/Hitch. Side. Cross Rock. Side. Cross. ¼. Forward**

1 Cross step right over left.  
 2&3 Rock out to left. Recover on right as you hitch left. Step left to left.  
 4&5 Cross rock right behind left. Recover on left. Step right to right.  
 6-8 Cross step left over right. Make ¼ right stepping right forward. Step left forward.

### **Forward. Grind. ¼. Grind ¼. Chug ¼ Right X3**

1 Step forward right.  
 2-3 Dig left heel beside right. Make ¼ left dropping left toes- taking weight  
 4-5 Dig right heel beside left. Make ¼ right dropping right toes- taking weight  
 6-8 Keeping right foot flat on floor make ¼ right – left foot stays flat & touches to side x3.  
 (Drop weight to left on count 8)

### **Ball. Cross. 1/4. Rock. Recover. Back. Shuffle ½ Turn (Lean Back) Side**

&1 Step right beside left. Cross left over right.  
 2-4 Make ¼ right stepping right forward. Rock forward left. Recover on right  
 5 Step back left.  
 6&7 (leaning back- circle upper body) step right to side ¼ right. Step left beside right making ¼ right. Step right forward.  
 8 Step left to left side. (Roll Hips left)

### **Side. Touch. Out. ¼. Fall. Step. ¼. Cross.**

1-2 Step right to right side (Roll Hips Right) Touch left behind right.  
 3-4 Touch left to left side. Keeping left leg straight make ¼ left (weight on right)  
 5-6 Transfer weight to left as if falling forward. Step forward right.  
 7-8 Pivot ¼ left. Cross right over left.

### **Back. Together. Forward. Rock. Recover. ½. Triple Full Turn. Together. Dip.**

&1 Step back left. Step right beside left. (Raise on to toes)  
 2-4 Step forward left. Rock forward right. Recover on left.  
 5 Make ½ right stepping right forward.  
 6&7 Full triple turn right stepping L-R-L (start to slide right up to left)  
 8 Slide right up to left bring feet together & Dip. (Weight Left) **\*\* Restart Point**

**Out. Out. Bump. Bump. Bump. ¼ Sit (Raise). Recover. Back. ¼.**

- &1 Step right to right side. Step left to left.
- 2-4 (keeping Legs Straight) Bump hips L-R-L
- 5-6 (Circling hips anti clockwise) make ¼ turn left (weight back on right- raise left leg) recover on left.
- 7-8 Rock back right. Step left ¼ left.

**Ball. Point. Drag/Dip. Contract/Roll. Hip Pushes X2. Ball. Forward. Press.**

- &1 Step right beside left. Touch left to left side (bending right knee)
- 2-3 Drag left up to right keeping knees bent. Roll/ contract upper body to resume standing position (weight right)
- 4-6 Step forward left. Push hips forward x2 (weight right)
- &7-8 Step left beside right. Step forward right. Press forward on left (raise right behind if you wish)

**\*\*RESTART: DURING Second wall AFTER count \*\*48. You will be facing the back wall.**

07762 410 190 [Shaz5678@sky.com](mailto:Shaz5678@sky.com)

