

## ***Break the Ice***

Description: 64 Count 4 wall (due to restart) linedance. Intermediate level.

Choreographed by: Teresa & Vera (UK) Dec 2007

Music: Break the Ice, Britney Spears from her Blackout CD.

Start time & BPM: Start dance 32 counts in on main vocals, about 17sec's. She will sing "I know it's been a while" BPM 118

Contact: Phone 020 8548 4929. Mob. 07961 805174.

Email: [teresaandvera@aol.com](mailto:teresaandvera@aol.com) Website: [www.teresaandvera.co.uk](http://www.teresaandvera.co.uk).

Check out our video page to watch this dance. For Big Dave and Pauline. Here's to a great 2008.

### **KICK & HEEL & TOUCH STEP. ROCK REPLACE LOCK BACK**

1&2&3-4 Coming up on the ball of the L foot kick fwd with R, step R in place, dig L heel fwd, step L in place, touch R next to L, step slightly fwd on R

5-6-7&8 Rock fwd on L, replace weight back to R, L lock back

### **FULL TURN BACKWARDS. SAILOR 1\2, SWAY SWAY HIPS**

1-2 Over R shoulder make ½ turn R stepping fwd on R, continue another ½ turn R stepping back on L (12)

3&4 Sailor 1/2 R over R shoulder (6)

5-6 Step L to L side swaying to L, sway over to the R raising L heel

7&8 Keeping weight on R, bump hips L,R,L

### **CHASSE SIDE, CROSS ROCK REPLACE, CHASSE ¼ TURN, WHOLE TURN**

1&2 Chasse L to L side

3-4 Cross rock R over L, replace weight on L

5&6 Chasse R making ¼ turn R (9)

7-8 Whole turn R travelling fwd stepping L,R

### **MAMBO FWD ON L, MAMBO BACK R, STEP LOCKS FWD X4**

1&2 Mambo fwd on L

3&4 Mambo back on R

5&6& Step slightly fwd on L, lock R behind L, Step slightly fwd on L, lock R behind L,

7&8 Step slightly fwd on L, lock R behind L, Step fwd on L (*Tag here on wall 4, see note below*)

### **KICK STEP ROCK BACK REPLACE, STEP SIDE SLIDE TOUCH, X2**

1&2& Kick R to slight R diagonal, step R to R side, rock L behind R, replace weight on R

3-4 Big step to L side, slide R up to L ending with a touch

5&6&7-8 Repeat counts 1 – 4

### **¼ TURN, COASTER, MONTEREY 1/2, ROCK & CROSS**

1-2 Make ¼ turn R, stepping fwd on R, continue another ½ turn R stepping back on L (6)

3&4 R coaster step

5-6 Point L to L side, make 1\2 turn L bringing L next to R (12)

7&8 Rock R to R side, replace weight on L, cross R over L (*Restart here on wall 2. See note below*)

### **BACK LOCK, L LOCK BACK, ROCK & BACK, BALL CHANGE, STEP**

1-2 Step back on L, lock R across L

3&4 L lock back

5&6 Rock R to R side, replace weight on L, step R back behind L

&7-8 Rock L to L side on ball of L foot, step R to R side, step fwd on L

### **PIVOT 1/2, SHUFFLE FWD, WHOLE TURN, FWD MAMBO**

1-2 Step fwd on R, pivot ½ turn L

3&4 Shuffle fwd on R

5 6 Travelling forward turn whole turn R, stepping L, R

7&8 Fwd mambo on L (6)

**Restart.** On wall 2, up to & including whole of section 6. Instead of count 7&8, rock & cross, do rock & touch, weight to remain on L to restart the dance from beginning, you will be facing 6 o'clock wall.

**Tag.** On wall 4. Up to & including whole of section 4. You will finish your step locks fwd then add this..

**1-2-3-4** Stepping R to R side sway weight over to R over 2 counts, sway weight back to L side over 2 counts.

Restart dance from beginning. You are now facing 9 o'clock wall.

**Note:** Due to the tag the dance is now done on the 2 side walls instead of the front & back. Hence 4 walls!

**Ending.** Dance ends on wall 6. You will complete the 64 counts & end with the fwd mambo facing the 9 o'clock wall, there is 2 counts of music left, turn 1/4 turn R stepping R to R side & pose to face the 12 o'clock wall. End Of! ☺