



Apologize

Choreographed by Shaz Walton

Description: 32 count, 4 wall, intermediate line dance

Music: **Apologize** by Timbaland Featuring One Republic [CD: Shock Value / Available on iTunes]

CROSS LUNGE, HITCH ROUND, BACK, SIDE, CROSS ROCK SIDE, SIDE, ½ HITCH, ROCK, RECOVER, ROCK, RECOVER, LUNGE

- 1 Facing right diagonal front cross left over right & lunge forward
 &2 Hitch right foot over (smoothly) as you face left diagonal front, cross right over left
 &3 Step left back, straighten up as you step right to right side
 &4& Cross rock left over right, recover on right, step left to left side
 5& Take a large step to right with right, make a ½ turn left smoothly hitching your left knee up
 6& Rock forward on left, recover on right
 7&8 Rock left to left side, recover on right, cross left & lunge

BACK, DRAG, TOGETHER, WALK, WALK, ¼ CROSS, SIDE, TOGETHER, SIDE, ROCK, RECOVER, ¼, ¼ TOUCH

- 1&2 Take a large step right back, slide left back towards right, step left beside right
 &3 Walk forward right, walk forward left (make these "small run steps")
 &4 Make ¼ right as you cross right over left, step left to left side
 &5 Step right beside left, step left large step to left
 6& Rock right behind left, recover on left
 7-8 Make ¼ right as you step right forward, make ¾ turn right with left hitched-touch left to left side

¼ BACK ROCK, RECOVER, ½ ROCK RECOVER, BALL STEP, SWEEP, BACK, BACK, STEP, SPIRAL

- 1-2 Make ¼ left as you rock left back, recover on right
 &3-4 Make ½ turn right as you step left back, rock right back, recover on left
 &5 Step right beside left, step left forward
 6&7 Sweep right from back to front, cross it over left, step back left, step back right
 &8 Step forward left, make full spiral turn right, ending with right hooked over left knee

SIDE, ROCK, RECOVER, CROSS, STEP, CROSS (DRAG) ¼ RIGHT, CROUCH, RECOVER, ROCK, RECOVER, (SWAY) HITCH

- 1-2 Step large step right with right, rock left back,
 &3 Recover on right, step left to left side
 &4 Cross right over left, step left large step to left side, (dragging right up)
 5-6 Make ¼ turn right stepping right forward, bring left to right as you crouch down facing right diagonal, (weight on right)

Optional arms: as you make the ¼ turn, circle arms loosely around to the left. As you touch your left foot beside right, clench your fists & hold them to your body

- 7&8 Recover to standing position as you rock out to left, recover on right, (feet need to be apart here) hitch left knee up

REPEAT

RESTART

On 2nd wall, dance up to count 24. Replace the full spiral with a step forward on the right foot & start the dance again. You will be on the 3:00 wall

TAG

On 5th wall, dance the dance to the very end. Execute the last 3 count (rock, recover, (sway) hitch,) but this time prolong the hitch & hold for 2 counts. Start the dance again facing 9:00 wall

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