

# Those Were The Days



**Count:** 32      **Wall:** 2      **Level:** Higher Beginner

**Choreographer:** Daniel Whittaker & Rob Fowler (UK) July 2014

**Music:** Those Were the Days by Hermes House Band. Album: Greatest Hits (3:40 - iTunes)

**NOTE:** There are 3 EASY tags end of wall 4, 6, 7 \*\*\* It only took me 2min 20 seconds to teach this dance \*\*\*

**START:** Start after the saying those were the .. start on the word "days" (25 seconds in to the song)

## [1-8] Walk right, left, shuffle, rock step coaster cross

- 1-2            Walk forward right left 12:00
- 3&4           Shuffle forward R-L-R 12:00
- 5-6           Rock forward left, recover weight back on right 12:00
- 7&8           Step left foot back, close right to left, step left over right 12:00

## [9-16] Grapevine, kick left, kick right, touch behind

- 1-4            Step right to right, cross left behind, step right to right, kick left across right 12:00
- 5-6            Step left to left, kick right across left 12:00
- 7-8            Step right to ride side, touch left toe behind right 12:00

## [17-24] Rolling vine 1 ¼ turn shuffle, rock coaster cross

- 1-2            Step left foot ¼ turn left (09:00), make ½ turn left stepping back right (03:00) 03:00
- 3&4            Shuffle ½ turn left stepping left, right, left 09:00
- 5-6            Rock right foot forward, recover weight on left 09:00
- 7&8            Step right foot back, close left to right, step right over left 09:00

## [25-32] Side rock, cross over ¼ turn, walk back touch, full turn

- 1-2            Rock left to left side, recover weight on right 09:00
- 3-4            Cross left over right, make ¼ turn left stepping right foot back 06:00
- 5-6            Step left foot back, touch right toe back 06:00
- 7-8&          Step right foot forward, make ½ turn right stepping left foot back, make further ½ turn right slightly hitching right (note this little hitch is preparation to start from the beginning of the dance facing the back wall) 12:00

**There are 3 very easy Tags**

### Tag 1: Rocking chair (end of wall 4) 12:00

- 1-4            Rock right forward, recover, rock right back recover

### Tag 2: Rock step, coaster step, rock step coaster step (end of wall 6) \*Note music

**slows down for all of wall 7 \* 12:00**

- 1-2 Rock right foot forward, recover weight back on left  
3&4 Step right back, close left beside right, step right foot forward  
5-6 Rock left foot forward, recover weight back on right  
7&8 Step left back, close right beside left, step left foot forward

**Tag 3: Rocking chair (end of wall 7) \* Note music dramatically slows down and builds up faster 06:00**

- 1-4 Rock right forward, recover, rock right back recover

**\*\*\* ON A FINAL NOTE HAVE FUN, IT'S A GOOD SING-A-LONG, TO MAKE IT EVEN MORE FUN STAND IN LINES AND HOLD HANDS FROM COUNTS 1-16 WITH DANCERS TO THE RIGHT AND LEFT OF YOU, LET GO AFTER COUNT 16 OTHERWISE YOU WILL GET INJURED \*\*\*\*\***

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