

The "C" Word



Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Brenna Stith – July 2015
Music: The C Word – Laura Bell Bundy

#16 count intro

DIAGONAL STEP, STEP TOGETHER, BOUNCE HEELS X 2, DIAGONAL STEP, STEP TOGETHER, BOUNCE HEELS X 2

1 2 Step R to diagonal, Step L beside R
 &3&4 Raise up on the ball of your feet, Return to your heels, Raise up on the ball of your feet, Return to your heels
 5 6 Step L to diagonal, Step R beside L
 &7&8 Raise up on the ball of your feet, Return to your heels, Raise up on the ball of your feet, Return to your heels

OUT, OUT, IN, IN, PIVOT ¼ TURN X2

1 2 3 4 Step R out to side, Step L out to side, Step R in, Step L in
 5 6 7 8 Step fwd on R, Make a 1/4 turn placing weight onto L, Step fwd on R, Make a 1/4 turn placing weight onto L (Roll your hips with each pivot)

CROSSING SHUFFLE, SIDE ROCK RECOVER, CROSSING SHUFFLE, SIDE ROCK RECOVER

1 & 2 Cross R over L, Step L to side, Cross R over L
 3 4 Rock L to side, Recover weight onto R
 5 & 6 Cross L over R, Step R to side, Cross L over R
 7 8 Rock R to side, Recover weight onto L

FWD HIP BUMPS X2, ¼ TURN JAZZ SQUARE

1 & 2 Step R fwd as you bump R hip to the diagonal, Bring hip back to center, Place weight onto R
 3 & 4 Step L fwd as you bump L hip to the diagonal, Bring hip back to center, Place weight onto L
 5 6 7 8 Cross R over L, Make a ¼ turn stepping L back, Step R to side, Cross L over R