

# Soul Shake



**Count:** 64    **Wall:** 4    **Level:** Intermediate

**Choreographer:** Fred Whitehouse (Ireland) August 2019

**Music:** Soul Shake by Tommy Castro



## Intro – 80 Count from start of track, on Lyrics

### [1-8] Grapevine L, Chasse L, Rock back, Recover

- 1-4            Step LF to L, step RF behind L, step LF to L, cross RF over L  
 5&6           Step LF to L, close RF next to L, step LF to L,  
 7,8            Rock RF behind L, recover on L

### [9-16] Monterey Turns x 2

- 1,2            Point RF to R, ¼ turn R closing RF next to L  
 3,4            Point LF to L, close LF next to R  
 5,6            Point RF to R, ¼ turn R closing RF next to L  
 7,8            Point LF to L, close LF next to R (Add Claps when you collect feet)

### [17-24] Rock Recover, Behind, Rock Recover, Behind, Side, Cross

- 1-4            Rock RF to R, recover on to L, step RF behind L, rock LF to L  
 5-8            Recover on to R, step LF behind R, step RF to R, cross LF over R

### [25-32] Stomp, Heel Toe Walk in x2

- 1-4            Stomp RF forward to R diagonal, swivel L heel in, swivel L toe in, swivel L heel  
                   in  
 5-8            Stomp LF forward to L diagonal, swivel R heel in, swivel R toe in, swivel R heel  
                   in

### [33-40] Twist R, Clap, Twist L, Clap

- 1-4            Twist both heels to R, twist both toes to R, twist both heels to R, clap  
 5-8            Repeat to L side (body ends on slight diagonal 7.30)

### [41-48] Toe Strut x2, Walk x 2, Step forward, Pivot ¼ Turn L

- 1-4            Touch R toe forward, step R heel down, touch L toe forward, step L heel down  
                   (keep body on angle to R diagonal)  
 5-8            Walk forward R, L, R, pivot ¼ turn L placing weight on L

### [49-56] Step Point, Step Scuff, Jazzbox

- 1-4            Step RF forward, point LF to L, step LF forward, scuff RF forward  
 5-8            Cross RF over L, step LF back, step RF to R, cross LF over R

### [57-64] Toe Heel x2, Step, Close, Heel Bounces x2

- 1-4            Touch R toe to R, touch R heel to R, touch R toe to R, touch R heel to R  
 5-8            Step RF forward, close LF next to R, bounce heels x2

Smile, Let the music take control ☐

Contact: [f\\_whitehouse@hotmail.com](mailto:f_whitehouse@hotmail.com)