

Pull The Trigger



Count: 96 **Wall:** 4 **Level:** Phrased Intermediate
Choreographer: Scott Blevins (Sept 2014)
Music: "Trigger" by Tatiana Owens

#40 count intro to start on the lyric "Pieces"

Sequence: AB – AB – AB – B – B w/variation – counts 33-63 of A - ending

Pattern A - 64 counts:

[1-8] WALK, WALK, STEP, PIVOT, STEP, ½ TURN, SIDE, HOLD

1,2,3,4 1-2) Walk fwd R-L; 3) Step R fwd; 4) Turn ½ left taking weight L
 5,6,7,8 5) Step R fwd; 6) Turn ½ right stepping L back [12:00]; 7) Step R to right; 8)
 Hold

[9-16] CROSS, UNWIND, SIDE, HOLD, CROSS UNWIND, SIDE, HOLD

1,2,3,4 1) Step L across R; 2) Unwind full turn right, taking weight on R; 3) Step L to
 left; 4) Hold
 5,6,7,8 5) Step R across L; 6) Unwind full turn left taking weight on L; 7) Step R to
 right; 8) Hold [12:00]

[17-24] BEHIND, SIDE, CROSS ROCK, RECOVER, SIDE, CROSS, BIG STEP, DRAG

1,2,3,4 1) Step L behind R; 2) Step R to right; 3) Rock L across R; 4) Recover to R
 5,6,7,8 5) Step L to left; 6) Step R across L; 7) Step L a big step left; 8) Drag R to L

[25-32] BACK ROCK, RECOVER, BIG STEP, DRAG, STEP, PIVOT, ½ TURN BRINGING FEET TOGETHER

1,2,3,4 1) Rock R behind L; 2) Recover to L; 3) Step R a big step right; 4) Drag L to R
 5,6,7,8 5) Step L forward; 6) Turn ½ right taking weight on R; 7-8) Slowly turn ½ right
 bringing feet together taking weight on L [12:00]

[33-40] BACK, HOLD, BACK, HOLD, BACK, BACK, SIDE ROCK, RECOVER

1,2,3,4 1) Step R back; 2) Hold; 3) Step L back; 4) Hold
 5,6,7,8 5) Step R back; 6) Step L back; 7) Rock R to right; 8) Recover to L

[41-48] FORWARD, HOLD, FORWARD, HOLD, STEP, PIVOT, ½ TURN, TOGETHER, SIDE

1,2,3,4 1) Step R fwd; 2) Hold; 3) Step L fwd; 4) Hold
 5,6,7&8 5) Step R fwd; 6) Turn ½ left taking weight on L; 7) Turn ½ left stepping back
 on R; &) Step L beside R; 8) Step R to right [12:00]

[49-56] CROSS, BACK, SIDE, CROSS, SIDE ROCK, RECOVER, CROSS, HOLD

1,2,3,4 1) Step L across R; 2) Step R back; 3) Step L to left; 4) Step R across L
 5,6,7,8 5) Rock L to left; 6) Recover to R; 7) Step L across R; 8) Hold

[57-64] SIDE ROCK, RECOVER, CROSS, HOLD, FWD ROCK, RECOVER, ½ TURN, BEGIN FWD LOCK STEP

1,2,3,4 1) Rock R to right; 2) Recover to L; 3) Step R across L; 4) Hold

5,6,7,8& 5) Rock L fwd; 6) Recover to R; 7) Turn ½ left stepping fwd on L; 8) Step R fwd; &) Step ball of L to R heel [6:00]

Pattern B - 32 counts:

[1-9] END FWD LOCK STEP, ROCK FWD, RECOVER, LOCK STEP BACK, SIT, TOUCH, BALL, BALL, CROSS

1,2,3, 1) Step R fwd; 2) Rock L fwd; 3) Recover to R [6:00]
 4&5,6,7 4&5) Lock step back L-R-L; 6) Step ball of R back starting to roll into a sit; 7) Roll body back and down into sit position, ending with weight on R and L toe touching fwd
 8&1 8) Step ball of L to left; &) Step ball of R to right; 1) Step L across R

[10-17] SIDE ROCK, RECOVER, CROSS TRIPLE, ¼ ROCK, RECOVER, ½ TURN, ¼ TURN, ¼ CROSS

2-3 2) Rock R to right; 3) Recover to L
 4&5 4) Step R across L; &) Step ball of L to left; 5) Step R across L
 6-7 6) Turn ¼ left rocking L fwd; 7) Recover to R [3:00]
 8&1 8) Turn ½ left stepping L fwd; &) Turn ¼ left stepping R to right; 1) Turn ¼ left as you lock L across R [3:00]

[18-25] 1/8 TURN SIDE, TOGETHER, LOCK STEP FWD, ¼ BUMP, BUMP, ¼ LOCK STEP FWD

2-3 2) Turn 1/8 left stepping R to right [1:00]; 3) Step L next to right
 4&5 4) Step R fwd toward 1:00; &) Step ball of L to R heel; 5) Step R fwd
 6-7 6) Turn ¼ right touching ball of L to left as you bump hips toward 1:00 [facing 5:00]; 7) Bump hip again taking weight on L [5:00]
 8&1 8) Turn ¼ right stepping R fwd toward 7:00; &) Step ball of L to R heel; 1) Step R fwd

[26-32&] STEP, CLOSE, COASTER STEP, STEP, PIVOT, STEP, TOGETHER

2-3 2) Step L fwd; 3) Step R next to L [7:00]
 4&5 4) Step ball of L back; &) Step ball of R next to L; 5) Step L fwd
 6-7 6) Step R fwd toward 7:00; 7) Turn 3/8 left taking weight on L as you square up to 3:00
 8& *8) Step R fwd; &) Step ball of L to R heel

*B Variation on final B only:

You will be facing the original 3:00 wall. You will replace counts 32-& with, 8) Rock R fwd; &) Recover to L.

Then go directly into count 33 of section A.

Ending: After doing the half turn on count 63 (7) of section A you will be facing the original 9 O'clock wall, you will replace count 64& with, (8) Turn ½ left stepping R back; (1) Turn ¼ left stepping L to left. You will be facing the original 12 O'clock wall

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