

# No Man's Land



**Count:** 32      **Wall:** 2      **Level:** Intermediate

**Choreographer:** Ria Vos (NL) July 2013

**Music:** No Man's Land by Leanne Mitchell

## Intro: 8 Counts (± 10 sec)

### Side, Behind, ¼ R, ¼ R, Sailor ¼ R, Full Turn L, Step Back, Coaster Cross

- 1-2&      Step R to R Side, Step L Behind R, ¼ Turn R Step Fwd on R (3:00)  
 3-4&      ¼ Turn R Step L to L Side, Step R Behind L Turning ¼ Turn R, Step L Next to R (9:00)  
 5-6      Step Fwd on R, Pivot ½ Turn L (weight on L) (3:00)  
 &7      Turn another ½ Turn L Small Step Back on R, Small Step Back on L (9:00)  
 8&1      Step Back on R, Step L Next to R, Step R Fwd and Across L

### Side Rock-Cross, ¼ L, ½ L, Point, ½ R Sweep, Cross, Side, Cross

- 2&3      Rock L to L Side, Recover on R, Step L Fwd and Across R (count 2&3: moving Fwd)  
 4&5      ¼ Turn L Step Back on R, ½ Turn L Step Fwd on L, Point R to R Side (12:00)  
 6-7      ¼ Turn R Step Fwd on R Sweeping L into another ¼ Turn R, Cross L over R (6:00)  
 8&      Step R to R Side, Cross L Over R

### Basic R, Side, Behind, ¼ L, Side, Behind, Side, Cross Rock, Side Rock, Behind-Sweep

- 1-2&      Step R to R Side, Rock Back on R, Recover on L  
 3-4&      Step L to L Side, Step R Behind L, ¼ Turn L Step Fwd on L (3:00)  
 5-6&      Step R to R Side, Step L Behind R, Step R to R Side  
 7&      Cross Rock L Over R, Recover on R  
 8&1      Rock L to L Side, Recover on R, Step L Behind R Sweeping R from Front to Back

### Rock Back, Step Pivot ¾ Turn L, Side, Touch, Back, Kick, Ball, Cross

- 2-3      Rock Back, Recover on L  
 4&      Step Fwd on R, Pivot ¾ Turn L (6:00)  
 \*\*\*Restart and Tag Point  
 5-6      Step R to R Side, Turn Body L Point L to L Diagonal  
 7      (Straighten Body) Step L Back to L Side  
 &8&      Kick R Fwd to R Diagonal, Step R Next to L, Cross L Over R

### Restart: On 1st Wall after count 28 (6:00)

### Tag & Restart: On Wall 6 after count 28 add:

- 1-2      Step and Sway R, Sway L

**Restart dance from count 1 (12:00)**

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