

# Midland Cha



**Count:** 32      **Wall:** 4      **Level:** Beginner +

**Choreographer:** Tina Argyle – January 2019

**Music:** Put The Hurt On Me by Midland - single download (also on Let It Roll Album)



## No Tags No Re-Starts

**Count In : 32 counts from start of track approx 19 seconds in**

### Side Together Forward, L Shuffle Back.Rock Back, Recover, Shuffle Forward

1,2,3      Step R to right side, close L at side of R, step forward R  
 4&5      Step back L, close R at side of L, step back L  
 6 -7      Rock back R, recover weight onto L  
 8&1      Step forward R, close L at side of R, step forward R

### Step ¼ Turn, Cross Shuffle. Side Rock Recover, Cross, Side, Cross Rock

2 -3      Step forward L, make ¼ turn right onto R (3 o'clock)  
 4&5      Cross L over R, step R to right side, cross L over R  
 6 -7      Rock R to right side, recover weight onto L  
 8 &1      Cross R over L, step L to left side, Cross rock R over L

### Recover, Step Side. Samba Step. Cross, Side, Sailor ¼ Turn

2 -3      Recover weight back onto L, Step R to right side  
 4 &5      Cross L over R, Step R in place, Step L to left side  
 6 -7      Cross R over L, Step L to left side  
 8 &1      Make ¼ turn right stepping back R, step L at side of R, Step R in place (6 o'clock)

### Skate Forward x2. Shuffle. ½ Pivot Turn ¼ Chasse

2 -3      Skate forward L then R  
 4 &5      Step forward L, Close R at side of L, Step forward L  
 6 -7      Step forward R, Make ½ turn left onto L (12 o'clock)  
 8&      Make ¼ turn R stepping R to right side, Close L at side of R (9 o'clock)

**( 1 ) Step R to right side to start the dance again**

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