STEPPIN'OFFTHEPage Music updated for 2012





Approved by:

lony

Lamtarra Rhumba 2012

4 WALL – 56 COUNTS – IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	Direction
Section 1	Rhumba Box		
1 – 2	Step left to left side. Slide right beside left.	Side Slide	Left
3 – 4	Step left forward. Hold.	Forward Hold	Forward
5 – 6	Step right to right side. Slide left beside right.	Side Slide	Right
7 – 8	Step right back. Hold.	Back Hold	Back
Section 2	Hip Bumps & Hold		
1	Step left small step to left side, rocking hips left.	Rock	On the spot
2 – 4	Rock hips right. Rock hips left. Hold.	2 3 Hold	i i
5	Step right small step to right, rocking hips right.	Rock	
6 – 8	Rock hips left. Rock hips right. Hold.	2 3 Hold	
Section 3	Step Forward Left Right With Holds, Cross Rock, Together, Hold		
1 – 4	Step left forward. Hold. Step right forward. Hold.	Left Hold Right Hold	Forward
5 – 6	Cross rock left over right. Recover onto right.	Cross Rock	On the spot
7 – 8	Step left beside right. Hold.	Together Hold	5
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Section 4	Step Forward Right Left With Holds, Cross Rock, Together, Hold		
1 – 4	Step right forward. Hold. Step left forward. Hold.	Right Hold Left Hold	Forward
5 – 6	Cross rock right over left. Recover onto left.	Cross Rock	On the spot
7 – 8	Step right beside left. Hold.	Together Hold	
Section 5	Side, Close, Side, Hold, Back Rock, Side, Hold		
1 – 2	Step left to left side. Close right beside left.	Side Close	Left
3 – 4	Step left to left side. Hold.	Side Hold	
5 – 6	Rock right back behind left. Recover onto left.	Rock Back	On the spot
7 – 8	Step right to right side. Hold.	Side Hold	Right
Section 6	Weave Right, 1/4 Turn		
1 – 2	Cross left behind right. Step right to right side.	Behind Side	Right
3 – 4	Cross left over right. Step right to right side.	Cross Side	, i
5 – 7	Cross left behind right. Step right to right side. Cross left over right.	Behind Side Cross	
8	(Weight on left) Turn 1/4 left hitching right knee.	Quarter	Turning left
Section 7	Step Forward Right Left With Holds, 1/4 Turn Left, Together, 1/4 Turn Right, Hold		
1 – 4	Step right forward. Hold. Step left forward. Hold.	Right Hold Left Hold	Forward
5 – 6	Turn 1/4 left and step right to right side. Step left beside right.	Quarter Together	Turning left
7 – 8	Step right to right side making 1/4 turn right. Hold.	Quarter Hold	Turning right

Choreographed by: Tony Chapman (UK) 1995

2012 track: 'Hold On' by Olly Murs; download available from Amazon

Special thanks: To Dave Baycroft for suggesting this 2012 track

