

Keep This Feeling



Count: 64

Wall: 2

Level: Intermediate

Choreographer: Darren Bailey (UK) - May 2023

Music: This Feeling - Skinny Beats



Intro: 16 Counts

Phrasing: 48 / 64 / 48 / 64 / 48 / 64

Rock, Recover, Behind, Side, Cross, 1/4 L, 1/2 L, L Coaster Step

- 1-2 Rock RF to R diagonal, Recover onto LF
- 3&4 Cross RF behind LF, Step LF to L side, Cross RF over LF
- 5-6 Make a 1/4 turn L and step forward on LF, make a 1/2 turn L and step back on RF
(now facing 3:00)
- 7&8 Step back on LF, Close RF next to LF, Step forward on LF

Skate R, Skate L, Shuffle R diagonal, Cross, Side, Heel, Close, Cross, 1/2 L

- 1-2 Skate RF to R, Skate LF to L (traveling forward slightly)
- 3&4 Step RF to R diagonal, Close LF behind RF, Step RF to R diagonal
- 5&6& Cross LF over RF, Step RF to R side, Touch L heel to L diagonal, Step LF next to RF
- 7-8 Cross RF over LF, Make a 1/2 turn L (now facing 9:00)

Hitch, Slide, L Sailor Step, Twist L, Twist R w/ 1/4 L, Shuffle 1/2 L

- 1-2 Hitch R knee, Take a big step to R with RF
- 3&4 Step LF behind RF, Step RF to R side, Step LF to L side
- 5-6 Twist both heel to L, Twist both heel to R making a 1/4 turn L (weight on LF)
- 7&8 Make a 1/4 turn L and Step RF to R side, Close LF next to RF, Make a 1/4 turn L and step back on RF (now facing 12:00)

Step back, Hold, Step back, Hold, Step Forward, Step Forward, Step Forward, Close

- 1-2 Step back on LF, Hold (option to Body Roll down over 2 counts)
- 3-4 Step back on RF, Hold (option to Body Roll down over 2 counts)
- 5-6 Step forward on LF, Step forward on RF
- 7-8 Take a big step forward on LF, Close RF next to LF

Twist, Close, Twist, Close, Step Forward, Close, Point R, Close, Point L, Close, 1/2 L

- 1&2& Twist R heel to R side, Twist R heel to center, Twist L Heel to L side, Twist L heel to center
- 3-4 Take a big step forward on RF, Close LF next to RF
- 5&6& Touch RF to R side, Close RF next to LF, Touch LF to L side, Close LF next to RF
- 7-8 Step forward on RF, Make a 1/2 turn L (now facing 6:00)

R Dorothy, L Dorothy, 1/2 L, Paddle x2 with 1/4 L x2

- 1-2& Step RF to R diagonal, Lock LF behind RF, Step RF to R side
- 3-4& Step LF to L diagonal, Lock RF behind LF, Step LF to L side
- 5-6 Step forward on RF, Make a 1/2 turn L
- 7-8 Make a 1/4 turn L and touch RF to R side, Make a 1/4 turn L and touch RF to R side
(now facing 6:00)

Note: Restart here on walls 1, 3, 5, (you will be facing 6:00 when you restart)

Note: (You will only dance these next 16 counts on walls 2,4,6 always facing 12:00)

Rock, Recover, Full turn R, Cross, Side, L Sailor Step

- 1-2 Rock forward on RF, Recover onto LF
3&4 Make a 1/2 turn R and step forward on RF, make a 1/4 turn R and step LF next to RF,
Make a 1/4 turn R and step RF next to LF
5-6 Cross LF over RF, Step RF to R side
7&8 Cross LF behind RF, Step RF to R side, Step LF to L side

Cross, Side, R Sailor Step, Cross, Big Slide back, Step

- 1-2 Cross RF over LF, Step LF to L side
3&4 Cross RF behind LF, Step LF to L side, Step RF to R side 5 Cross LF over RF
6-7-8 Take a big step back on RF, drag LF towards RF, Step forward slightly on LF towards
R diagonal
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