I'm Ready



Count: 32 Wall: 4 Level: Intermediate / Advanced

Choreographer: Amy Glass (Jan 2015)

Music: Ready for the Good Life by Paloma Faith [3:25 – iTunes]

#16 count intro; dance starts on lyrics

[1-8] Cross, Side Rock Cross, Side R, Weave, 1/4 L Back-Together, Forward R

1	Cross R over	ı
- 1	CIUSS IX UVEI	_

2&3	Rock L to L	side recover	weight on R	Cross L over	R
2 00		<u> </u>	WCIGHT OH IX.	. UIU33 L UVUI	1 1

4 Step R to R side

5&6 Step L behind R, R to R side, Cross L over R

Turn ¼ L stepping back R, Step L next to R straightening both legs Step forward R (9:00) [treat this as a prep for the upcoming turn]

[9-16] Full turn R, Forward R, Pivot $\frac{1}{2}$ R on Ball of L, Forward R, $\frac{1}{2}$ L Modified Jazz Box, Forward L

1-2	Step L forward	making a full to	urn R on ball	of L. Step R	forward [Option:
				. ,	- L - L

remove the turn walking forward L1 (9:00)

&3 Step L forward turning ½ R on ball of L, Step R forward (3:00)

4-5-6-7 Step L forward, Turn ¼ L stepping R to R side, Turn ¼ L stepping L beside R,

Step R forward (9:00)

8 Step L slightly forward

[17-24] Sway R, L, Behind Side Cross & Cross, L Mambo to Diagonal, Step back R

1-2 Big sway R, L [with knees bent]

3&4&5 Step R behind L, L to L side, Cross R over L, Step on ball of L to L side, Cross

R over L

Rock forward L to diagonal, Recover weight on R, Step slightly back L (7:30)

8 Step R back squaring up to 6:00

[25-32] Step Drag (¼ L), Rock Recover Step ¼ R, Chase ½ R, Rolling Full Turn L, Rock Recover ¼ L

1	1/4 L taking big step L while dragging R heel (3:00)
α	Dealth and District Course Leaves D. Toma 1/ Determine (a)

2&3	Rock back R benind I	L. Cross L over R.	Turn ¼ R steppind	i forward R (6	5:00)

Forward L, Pivot ½ R, Step forward L (12:00)
6-7 Full turn L stepping back R, Forward L (12:00)

8& Rock forward R, Recover weight on L while turning ½ L (9:00)

Restarts (2): Both occur after 16 counts on walls 4 (facing 12:00 when the Restart happens) and 9 (facing 9:00 when the Restart happens.)

Tip. Normally, you'll step forward on count 16. Make a small step slightly to the L to be ready to cross over for count 1.

Ending: The dance ends after completing 11 walls. You would have started wall 12 facing 3:00, but instead, for count 1, over rotate $\frac{1}{4}$ L to the 12:00 wall.

Overall styling: Think Funky West Coast Swing. Don't be afraid to add upper-body styling to the footwork.

Have fun!

Contact: amyleeanne@gmail.com