

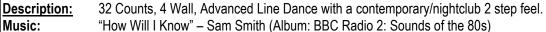
How Will I Know

Choreographed by Linda McCormack (UK) & Rachael McEnaney (UK/USA)

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(approx 3.54 mins). Approx 86 bpm.

Count In: 16 counts from start of track, start dancing at approx 15secs on the word "YOU".

Notes:



Section	Footwork	End Facing
	R back sweeping L, L behind, R side, L cross, $\frac{1}{4}$ turn L, $\frac{1}{4}$ turn L, sway 1/8 L, back R-L, $\frac{1}{2}$ turn R with developpe, fwd R-L-R	
12&3	Step back R as you sweep L (1), cross L behind R (2), step R to right side (&), cross L over R (3)	12.00
	Make ¼ turn left stepping back R (4), make ¼ turn left stepping L to left side (&), sway upper body to left softly bringing R arm across body (5) – body should now be angled naturally to left diagonal (4.30) counts &5 is one smooth flowing action.	4.30
6 & 7	Step back R (6), step back L (&), flick R foot back & imagine drawing a circle with R foot as you make ½ turn right and extend R foot forward (7) count 7 is one smooth flowing action	10.30
8 & 1	Step forward R (8), step forward L (&), step forward R (1)	10.30
10 - 16	1/8 turn R pointing L toe, $\frac{1}{2}$ spiral turn L, L fwd sweeping R, R cross, $\frac{1}{4}$ turn R, back R sweeping L, back L sweeping R, R coaster step	
2 & 3	Make 1/8 turn right pointing L toe to left (2), make ½ turn left on ball of R (&), step L forward as you sweep R (3)	6.00
4 & 5 6	Cross R over L (4), make ¼ turn right stepping back L (&), step back R as you sweep L (5), step back L as you sweep R (6)	9.00
7 & 8	Step back R (7), step L next to R (&), step forward R (8) upper body needs to be prepped to right ready for a full turn left	9.00
Restart	On 5 th wall (you will hear just instrumental), do the first 16 counts then recover weight onto L (&), then restart the dance. 5 th wall begins facing 12.00 and you will restart facing 9.00	
17 - 24	Full spiral turn L, ¾ turn L, R arm movement with ¼ turn R, back L-R, ¼ turn L, arm movement R-L	
12	Keeping weight on R unwind a full turn left (1), step L forward (2),	9.00
& 3	Make ½ turn left stepping back R (&), make ¼ turn left stepping L to left and bring R arm all the way across body at shoulder height (3)	12.00
4	Keeping feet apart take R elbow out to right side (fingers spread and palm facing out) (4),	12.00
&	With fingers spread and palm facing out bring R hand in front of face (&),	12.00
5	Making a ¼ turn right and taking weight forward to R - bring R arm down and then up (above head) in a half moon shape (5)	3.00
6 & 7	Lower arm (by bending elbow first) as you step back L (6), step back R (&), make ¼ turn left stepping L to left (7)	12.00
8.8	Keeping feet apart bring R fist up in front of forehead (&), bring L fist up and across R (making an X shape) (8)	12.00
	Fwd R-L (on balls of feet) with hand movement, back R, back L sweeping R, step R behind, L side-rock-cross, ¾ turn L, R fwd rock.	
& 1	Step R forward to right diagonal (&), step L forward to left diagonal (1) (feet should be shoulder width apart and this looks good if you do it on balls of feet). During counts &1 – keep hands in X shape but open fists & close them one finger at a time (start with little finger)	12.00
& 23	Step back R (&), step back L as you sweep R (2), cross R behind L and open body to right diagonal (facing 1.30)	12.00
4 & 5	Rock L to left side (4), recover weight R (&), cross L over R (5)	12.00
6 7	Make ¼ turn left stepping back R (6), make ½ turn left stepping forward L (7)	3.00
8 &	Rock forward R (8), recover weight L (&)	