

# Hill of Hope



**Count:** 48

**Wall:** 2

**Level:** Phrased Advanced NC

**Choreographer:** Roy Hadisubroto (NL), Fiona Murray (IRE), Maddison Glover (AUS) & Niels Poulsen (DK) - April 2023



**Music:** What's Up? - Hannah Grace & Sonny Tennet : (iTunes)

**Intro: 16 counts from beginning of track. App. 15 secs. into track. Start with weight on L foot. NOTE: Because of the very short introduction we made the decision to begin the dance (only for wall 1) on count 17.**

**Restart: During your 5th A you restart the dance after 16 counts facing 12:00**

**Phrasing: A (17-32), A, B, A, A, B, B, A (1-16), B, B – Note you always do B facing the front wall**

## A section

**[1 – 8] Side R into  $\frac{3}{4}$  spiral L, run  $\frac{1}{4}$  L, cross  $\frac{1}{4}$  R,  $\frac{1}{4}$  R into sway RL,  $\frac{1}{4}$  R prep, L full turn back**

1 Step R to R side spiralling  $\frac{3}{4}$  L and ending with L hooked in front of R (1) 3:00

2&3 Step L fwd (2), turn  $\frac{1}{8}$  L stepping R fwd (&), turn  $\frac{1}{8}$  L stepping L fwd and sweeping R from back to front (3) 12:00

4& Cross R over L (4), turn  $\frac{1}{4}$  R stepping back on L (&) 3:00

5 – 7 Turn  $\frac{1}{4}$  R stepping R to R side swaying body R (5), sway body L (6), step on R opening body

a  $\frac{1}{4}$  R to prep body for upcoming L turn (7) 9:00

8& Turn  $\frac{1}{2}$  L stepping down on L (8), turn  $\frac{1}{2}$  L stepping back on R (&) 9:00

**[9 – 16] Back L & kick hitch, R coaster, touch step touch, R basic,  $\frac{1}{4}$  R hinge turn, side cross**

1& Step L back lifting R leg with a stretched leg (1), hitch R knee (&) 9:00

2&3 Step back on R (2), step L next to R (&), step R fwd (3) 9:00

8&4& Touch L next to R (&), step L fwd (4), touch R next to L (&) ... Styling for counts 3&4&: step R fwd pushing R shoulder fwd and L shoulder back (3), touch L next to R letting both shoulders return to normal position (&), step L fwd pushing L shoulder fwd and R shoulder back (4), touch R next to L letting both shoulders return to normal position (&) 9:00

5 – 6& Step R a big step to R side (5), close L behind R (6), cross R over L (&) 9:00

7 – 8& Turn  $\frac{1}{4}$  R stepping L back sweeping R to R side (7), step down on R (8), cross L over R (&) 12:00

**[17 – 24] R side rock, R cross rock,  $1\frac{1}{4}$  turn R fwd, step  $\frac{1}{4}$  R cross,  $\frac{1}{4}$  L,  $\frac{1}{4}$  L,  $\frac{1}{8}$  L fwd R**

1&2& Rock R to R side (1), recover on L (&), cross rock R over L (2), recover on L (&) 12:00

3&4 Turn  $\frac{1}{4}$  R stepping R fwd (3), turn  $\frac{1}{2}$  R stepping L back (&), turn  $\frac{1}{2}$  R stepping R fwd (4) 3:00

5&6 Step L fwd (5), turn  $\frac{1}{4}$  R stepping onto R (&), cross L over R (6) ... Optional arms for 2nd and 4th A to hit 'take a deep breath' in lyrics:

**Start to reach both arms fwd and up (5), arms now stretched fwd and up with hands open (&), pull both arms into body clenching your fists (6) ...**

**Optional arm for 3rd A to hit 'Pray' in lyrics: both arms going out (5), fold hands a little above head (&), pull arms down in front of chest (6) 6:00**

7&8 Turn  $\frac{1}{4}$  L stepping back on R (7), turn  $\frac{1}{4}$  L stepping L to L side (&), turn  $\frac{1}{8}$  L stepping R fwd hitching L knee AND reaching R arm fwd (8)-10:30

**[25 – 32] L back sweep, R coaster into 2 prissy walks, step ½ step, tap sweep ¼ R, R back rock**

- 1 Step back on L sweeping R out to R side (1) 10:30  
 2&3 – 4 Step back on R (2), step L next to R (&), step R fwd and slightly over L (3), step L fwd and slightly over R (4) 10:30  
 5&6 Step R fwd (5), turn ½ L onto L (&), step R fwd (6) 4:30  
 &7 Tap L behind R (&), step back on L turning ¼ R and sweeping R out to R side (7) 7:30  
 8& Rock back on R (8), recover on L (&) ... NOTE: to go into either A or B turn 1/8 L 7:30

**B section****[1 – 8] Sway RLR, jazz ¼ L into sway LRL, cross, ¼ R**

- 1 – 3 Squaring up to 12:00 step R to R side swaying body R (1), sway body L (2), sway body R and sweep L fwd (3) ...

**Optional arms for counts 1-2-3: sway arms above head to RLR 12:00**

- 4&5 Cross L over R (4), turn 1/8 L stepping back on R (&), turn 1/8 L stepping L to L side swaying body L (5) 9:00  
 6 – 7 Sway body R (6), sway body L sweeping R fwd (7) ... Optional arms for counts 5-6-7: sway arms above head to LRL - 9:00  
 8& Cross R over L (8), turn ¼ R stepping back on L (&) 12:00

**[9 – 16] ¼ R side step 'Hey', drag, ¼ L, full triple fwd, arm reach, recover sweep, R back rock**

- 1 – 3 Turn ¼ R stepping R to R side waving your R hand to 6:00 (1), drag L next to R (2), turn ¼ L stepping L fwd (3) 12:00  
 4&5 Turn ½ L stepping back on R (4), turn ½ L stepping L fwd (&), step R fwd starting to reach R arm fwd and up (5) 12:00  
 6 – 7 Finish arm reach (6), drop R arm and recover back on L with 1/8 turn R and sweeping R out to R side (7) 1:30  
 8& Rock back on R (8), recover on L (&) ... NOTE: to go into either A or B turn 1/8 L 1:30
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