

# Down for Your Lovin'



**Count:** 0      **Wall:** 0      **Level:** Phrased Advanced  
**Choreographer:** Fred Whitehouse (Ireland) & Shane McKeever (Ireland)  
 September 2019  
**Music:** Goodbye' by Jason Derulo & David Guetta (feat. Nicki Minaj & Willy William) [R3HAB Remix]



**Intro – none, starts straight away**

**Sequence:** A, B, B, C, C, A, B, B, Tag, C, C, A, B, C, C

## Part A: 48 Counts

**A1: Step R, cross rock, side rock, behind side cross, rock R, recover 1/4 turn L with flick**

1            Step R to R diagonal  
 2&3&      Cross rock L over R, recover on R, side rock L to L, recover on R  
 4&5        Step L behind R, step R to R side, Cross L over R  
 6-7        Rock R to R, recover on L making 1/4 turn L flick R (9.00)

**A2: Mambo fwd, weave 1/2 turn R, kick & heel ball cross**

8&1        Rock fwd R, recover on L, step back on R sweeping L  
 2&3        Step L behind R, step R to R, Step 1/8 R fwd L  
 4&5        Step R fwd, make 1/8 turn R step L to L, make 1/8 turn R step back R  
 6&7&      Step L behind R, make 1/8 turn R step R to R, kick L over R, Step L to L side  
 8&1        R heel to R, close R next to L, cross L over R (3.00)

**A3: Hold, out out ball cross shuffle, & together, body roll, behind, 1/8 turn L**

2            Hold  
 &3&4&5    R out, L out, R in, cross L over R, R to R, cross L over R  
 &6        R to R facing L diagonal, 1/8 turn L stepping L next to R (1.30)  
 7            Body roll  
 8&        Step R back, make 1/8 turn L step L to L (12.00)

**A4: Touch side touch side touch, boogie walk, rocking chair, 1/2 turn right**

1&2&      Touch R next to L, step R to R, touch L next to R,, step L to L  
 3            Touch R next to L click fingers to sides  
 4&5        Boogie walk R, L, R  
 6&7&      Rock fwd L, recover R, rock back L, recover R  
 8            Make 1/2 turn R stepping back on L

**A5: (Pony step back, 1/4 turn L with shimmy or shoulder rolls) x2**

1&2        Rock back R, recover on L, step back on R  
 3&4        Make 1/4 turn L step L to L shimmying/roll shoulders  
 5&6        Repeat 1&2  
 7&8        Repeat 3&4

**A6: Pony step back, 1/4 turn L with attitude, R sailor step, hook L behind R, unwind 3/4 turn L**

1&2        Rock back R, recover on L, step back on R

- 3&4 Make 1/4 turn L step L to L shimmying/roll shoulders  
 5&6 Step R behind L, step L to L, step R to R  
 7-8 Hook L behind R, unwind 3/4 turn L (12.00)

**Part B:****B1: Right basic, 1/4 turn L waving, 1 1/2 turn R, jazzbox 1/4 turn L, hold**

- 1-2-3-4 Step R to R, hold, step L behind R, cross R over L  
 5-6 Make 1/4 turn L step fwd on L waving with R hand  
 7-8 1/2 turn R step fwd R, 1/2 turn R step back L,  
 1-2 1/2 turn R step fwd R sweeping LF, hold  
 3-4-5-6 Cross L over R, step back on R, 1/4 turn L stepping L to L side, hold

**Arm movement**

- 7-8 R arm to R closing fist, L arm to L closing fist  
 &1-2 Pull both arms in to body, throw arms up opening hands palms up, hold  
 3-4 Close palms as you pull arms half way to L sway R, pull arms down to R side sway L

**Part C: 16 counts****C1: Big step R, L together, out out, heel turn, R toes up down, step 3/4 pivot R, finger move**

- 1 Big step towards R diagonal on R  
 2&3 Step L next to R, R out, L out  
 &4&5 Twist R heel in, twist L heel out making 1/4 turn R, R toe up push bum out, hold (3.00)  
 &6-7& Close R next to L, step fwd L, pivot 3/4 turn R on R, step L to L right index finger up  
 8 e&a Right finger down L,R,L,R (zig zag movement, finished pointed at R foot)

**C2: Look down, heel twist, ball side bodyroll, ball rock, hitch, cross & cross & cross 1/2 turn R**

- 1&2 Pointing R finger on R foot looking down twist R heel out, in, out  
 &3-4 Step ball of R next to L, step L to L making a body roll (3-4 on diagonal R 1.30)  
 &5&6 Step ball of R next to L, rock L to L, recover on R hitching L (12.00), cross L over R  
 &7&8 Make 1/2 turn R stepping R to R, cross L over R, step R to R, cross L over R

**Tag: 12 counts**

- 1-2 Pop R hand and chest x2 (R hand in height of head making L shape with R arm)  
 3-4 Pop L hand and chest x2 (L hand in height of head making L shape with L arm)  
 5-6 Raise R arm straight fwd bend at wrist fingers pointing down, (drop R arm) raise L arm straight fws bend at wrist fingers pointing down (drop L arm)  
 7-8 Raise R elbow to R side hand down, raise L elbow to L side hand down  
 &1-2 R foot step in, L foot step in looking down, Raise both hands like your under arrest  
 3&4& Run around one full turn R keeping arms up R,L,R,L

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